CANDIA HEIGHTS

UPDATE ON COVER & PAGE 13!

Don't Miss the SHHA Annual General Meeting Check Out the Issues that Affect YOU.



By Marshall Aungier - SHHA President

This issue of The Grit, which is normally mailed only to members of SHHA, is the one issue per year that is mailed to all residents of Sandia Heights. There is a lot of information that all residents will find both interesting and informative.

find both interesting and informative.

The Annual Meeting of the SHHA will be held at 10am, Saturday, June 5th, 1999, at the Church of the Good Shepherd, 7834 Tennyson NE. Speakers will include Dr Rudy Bueno Jr., Ph.D., and Joe Targhetta, entomologists for the City of Albuquerque Department of Health who will speak on "Plague and other Animal Vector Diseases" and answer questions from homeowners. Many sidents are aware that the natural cycle in plague appears to be at a high level this year. A ountain lion and rodents found in the foothills near the tram were infected with the disease in deprending the province of the second and page 13). Homeowners should inform themselves about necessary precautions. Iso Bill Keily, President of Sandia Mountain Coalition, will speak on the Sandia Land Claim in the dispute resolution process now ongoing. Ron and Sandy Cline will address Y2K sues which may impact Sandia Heights. A dialogue has been ongoing with Sandia Heights rvices on their work to minimize the likelihood of Y2K disruption. Join us!

The Covenant Support Committee, chaired by Susan Carlow has continued to pursue the

The Covenant Support Committee, chaired by Susan Carlow has continued to pursue the out process of resolving the meaning of certain covenants. The district court has held that venant language prohibiting the storage of "trailers" was sufficiently broad to include motor ones or recreational vehicles.

Throughour process, the Covenant Support Committee has faced the daunting sk of suring compliance with the covenants of some 30 different units which make up Sandia eights. The covenants vary from unit to unit, often without logic or consistency. The yenant Support mimittee as well as Architectural Control Committee, chaired by Ji Vise, as worked very nard to establish policies and procedures that treat homeowners surject to covenants the same as others in the unit. However, adjoining homeowners are ten subject to covenants from different units that are not the same as their neighbors. Ithough most homeowners are aware of this challenge and support the efforts of the committees, because of the mix of covenants that exist, results can easily be perceived as being elective. The Architectural Control Committee is very busy in the spring and this year is no ception. Jack Wolfe has joined the committee as Bill Waters departs for business reasons.

It is hoped that consistent policies to guide the decision making process of these mmittees will result in the fairest application of the covenants. Each of those committees we made great progress in setting its policies during the past year. Much of the work of these committees has involved discussions with homeowners/applicants to make them aware

committees has involved discussions with homeowners applicants to make them aware of neighbors concerns. This process often results in decisions that most persons involved find informative and conducive to good relations between neighbors. Frequently compromises are reached which are acceptable to the most closely affected and a benefit to the larger community. to the larger community.

to the larger community.

During the past year, the **Kicks 66** station on Tramway Boulevard has dramatically reduced its lighting both in intensity and configuration at the request of homeowners, despite the fact that the station is not within the jurisdiction of Sandia Heights. The Association thanks the station owners for their cooperation and courtesy to all homeowners for which the night sky is a special part of the quality of life here.

night sky is a special part of the quality of life here.

Please note that Sandia Heights Security is not related to the SHHA. A subscription to the security service does not make you a member of SHHA. If you would like to join the SHHA, and continue to receive quarterly issues of the Grit and the annual Directory of Residents, you may do so by calling our office at 265-7793. Monthly dues of \$5.00 is a small price to pay to help preserve our unique community. Dues are collected on monthly utility bills from Sandia Heights Services.

The past year has also seen the revitalization of

The past year has also seen the revitalization of the committee system to assume the work of the Association. Its efficient operation has made the task of keeping the board and homeowners informed of issues having an impact on Sandia Heights. The SHHA is a actively involved in the preservation of our unique area, from lobbying efforts and architectural review to

SHHA Annual General Meeting

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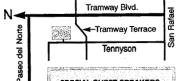
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Saturday June 5th

Church of the Good Shepherd

7834 Tennyson NE



SPECIAL GUEST SPEAKERS:

DR. RUDY BUENO JR., City of ABQ Entomologist **Environmental Health** Plaque & Other Animal Vector Diseases

BILL KEILY President, Sandia Mountain Coalition Pueblo Land Claim Update

Ronald & Sandra Cline 'Y2K in Sandia Heights' Election of New Board

mmunity beautification and covenant support. The Association strives to represent the interests of residents and to protect property values. We are fortunate to have an active volunteer Board. I would like to thank outgoing board members Clair Wilcox, Les Libo, Jonathan Sutin, and Bill Waters for their hard work and service to the community. Their efforts have made possible a very productive year. a very productive year.

It has been a privilege serving as SHHA President in 1998-1999. I hope to have the opportunity to meet many of you at the Annual Meeting on June 5th.

Bernalillo County **Environmental Health** Department

Groundwater Protection Workshop

Alameda Community Center

9800 4th Street NW

Thursday, May 27, 1999 7:00 PM - 9:00 PM

Topics will include:

An overview of the proposed new wastewater treatment ordinance

b) An update on the sewer projects working in Areas B and F c) Information about the Bernalillo County Environmental Health Partnership In Protecting Environment (PIPE) program
d) Tips about wellhead protection

Questions? Call BobbyTorres -924-3650 or web at www.bernco.cpm



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Prepare for Y2K

By Sandra Cline - Y2K Taskforce

The Sandia Heights Y2K Preparations Committee has been gathering for several months. Subcommittees include emergency communications (medical, fire, security), as well as block captains, sanitation, and community education. Presentations have included regular reports from PNM, FEMA, Fire Department, Sheriff's Department, and the city's task force, among others. These meetings are a great way to learn what's really going on regarding Y2K and how you can be involved.

Next Y2K meetings Fridays: June 25th, July 30th, August 27th

All meetings begin at 7:30pm Prince of Peace Church 12500 Carmel Avenue NE

(Drive north on Tramway Blvd. just past Paseo del Norte. Turn left at the next light – Live Oak. Go one block to the stop sign and turn left on Tennyson. You will see the Church immediately.)

SHHA Y2K Preparation Seminars Fridays: JULY 16th, AUGUST 16th

7-10pm - Prince of Peace Church

There will be plenty or free handouts and experts will be there to answer your questions.

Please mark your caler

BOARD NEWS:



By Debbie Miller - SHHA Secretary

three months the Board has:

BOARD MEETINGS ARE THE 2ND WEDNESDAY OF THE MONTH AT THE LT. SIBRAVA SKERIFF'S SUBSTATION ON EUBANK & HOLLY NE:

- Followed covenant issues including RVs and cell phone tower request
- Continued to explore Y2K community preparedness and sponsored a special mailing to residents
- Hosted the Annual Winetasting
- Prepared agenda for Annual General Meeting
- **Assisted Nominating Committee** search for prospective **Board members**
- · Continued to follow the Sandia Pueblo Land Claim





Prince of Peace Church to Build **Habitat for Humanity Home**

By Ron Steiner - Sandia Heights resident

Prince of Peace Catholic Community is an Adopt-A-Home sponsor for Habitat for Humanity's "Building on Faith" 1999 program. Over 180 volunteers have already signed up to work on some facet of organization and construction of one of 15 houses that will be built by the Greater Albuquerque Habitat for Humanity organization this year.

Prince of Peace is located on Carmel Avenue near the intersection of Paseo Del Norte and Tramway Boulevard. Many of the volunteers are Sandia Heights residents. Anyone from the area is welcome to join the effort and does not need to belong to Prince of Peace. The house will be built at the La Vida North et a Meth Creat and 6 Central in Nueva site, on 46th Street, south of Central, in the city's southwest.



Actual construction of the Prince of Peace house will begin in late August or early September. There will be four other church-built houses among this year's sponsored homes. Confederations of Lutheran, Presbyterian, Southern Baptist and Episcopalian churches are also involved in the project. Many volunteers from. St. Chad's Episcopal and Sandia Presbyterian churches have been working on Habitat houses for the past year.

As Adopt-A-Home sponsors, Prince of Peace volunteers will handle most all of the construction and raise \$50,000 in donations to complete the project. While the actual construction of this particular house will not begin until the end of the summer, fund-raising and organization is now taking place. For those who want to experience working on a Habitat house, there will be three specific Saturday workdays scheduled for June 12, July 10 and August 14. Any Sandia Heights resident who would like to become involved with Habitat for Humanity would be welcome.

The Greater Albuquerque Habitat for Humanity chapter has built 65 houses in the city in the past eleven years. Albuquerque is considered one of the more productive chapters among the 1400 affiliates nationwide. Habitat for Humanity provides affordable housing for the "working poor." Families that qualify have an income between 25-50% of the average household income in the Albuquerque area. They must invest 500 hours of "sweat equity" working on their house and other Habitat projects. They are then granted a 20-year, interest-free mortgage which they must repay. Habitat is considered a very worthwhile program based on the concept that it is a "hand up" rather than a "handour" than a "handout.

Interested parties can contact Ron Steiner, 856-9501, for more information on the Prince of Peace project or Habitat for Humanity.

ROUNDHOUSE REPORT

1999 Legislative Sessions in a Nutshell

As both (and hopefully the only) sessions of the 1999 legislature are now over, I thought you might like to know some of the comings and goings up in Santa Fe. The last 2 days of the special session were an absolute waste of taxpayer's money. I will be donating my per diem to several of our District 23 schools.

We passed special tax cuts for some of our state's suffering industries: coal, copper and oil/gas. And a small personal capital gains tax cut. But we didn't change tax rates or tax schedules that would help the everyday taxpayer. Economic development tax relief/credit bills were passed that may help attract businesses to NM – but with high personal taxes, we still have a long way to go!

Education and its accountability were major topics. The Governor still wants a voucher program statewide. The bottom line is we all know that improved education is our number one priority. Yes, our teachers are underpaid – and that needs to be fixed. We have buildings that need to be funded and repaired too! But while the legislature requires schools to give report cards (but not testing) to show a student's improvement, it won't provide the funds for the tests. We still let parents require scaled promotions without the firm product to record a record of the student's the firm product to record a record of the student's

improvement, it won't provide the funds for the tests. We still let parents require social promotions without the time needed to ensure a student's educational level before this decision is made. Discipline is a major issue for teachers that the legislature must address – not just discuss.

A voucher is just a funding mechanism for improved education. From phone calls, e-mail, and letters received, our District was about 65% in favor of vouchers. A major comment of those opposed was the financial cost to public schools. Yet a recent Marquette University study of the 10 year Milwaukee voucher program showed public schools had lower class sizes, more spending per pupil, reduced tax levy rates and higher teacher salaries. higher teacher salaries.

N. approved and funded 40 more state police. Prison "good time" went from 50% of time served to 85%. Some legislators tried to pass a bill reducing sentences, but It failed. An ignition interlock bill passed v. a will prevent a vehicle from starting until the driver shows

he hasn't been drinking. It also monitors if the person even tries to start driving after drinking, evidence that can be used to penalize the offender.

Utility deregulation was a major focus for certain committees of Utility deregulation was a major focus for certain committees of the legislature, but not as time consuming as the media may have portrayed it. Expect these bills to be revisited several times in the future. A bill that will allow tribes or the state to renegotiate compacts passed, while a bill to just reduce revenue sharing failed. Expect the state and tribes to begin new negotiations soon, as two tribes have already requested such action. This should allow for new enforcement remedies regarding the tribes while also getting our compacts out of court and into federal compliance. I was able to lead negotiations that closed the famous tribal "gas tax loophole," which should prevent the state from losing \$100 million + in road tax funds per year.

Finally, a capital outbay bill was approved. \$575,000+ was allot-

Finally, a capital outlay bill was approved. \$575,000+ was allotted for District 23 schools for new computers and related technical equipment, and funding for the Altamonte Little League fields was included. I was the Republican negotiator on the House committee. The budget included \$56.6 million in surplus (taxes

not spent). Look for a battle over why to spend it (pork) vs. a tax cut.

Thanks to all who wrote, called or just stopped by. Please leave your phone numbers. I would like to call you back and get more feedback than just yes or no on a given bill.



Robert Burpo

State Representative/District 23

Business: 883-0083 - Home: 856-6881 *******************

Megan's Law Allows Public to Know Sex Offenders' Whereabouts

One of the major issues addressed during the 1999 legislative session was how much information we should be able to obtain about certain ex-criminals living in our midst.

The question of whether we should be entitled to any of that information was largely answered for us by the federal government, which required states to pass laws allowing members of the public to find out if people convicted of certain crimes live in their neighborhoods. The first such law was called "Megan's Law" after a seven-year-old New Jersey girl who was killed by an ex-convict living near her house.

Jersey girl who was killed by an ex-convict living near her house.

For several years now, New Mexico has required criminals convicted of certain sex offenses to register with the local sheriff. Anyone convicted after July 1, 1995, of criminal sexual penetration, criminal sexual contact in the fourth degree, criminal sexual contact of a minor, sexual exploitation of children or sexual exploitation of children by prostitution has to register his whereabouts with the county sheriff. The goal was twofold: to allow police to build a database of former sex offenders living in the area to help with future investigations; and, in another effort to deter crimes, to make it perfectly clear to those sex offenders that law officers know who they are and where they live.

Since New Mexico already had that law on the books, it was

Since New Mexico already had that law on the books, it was fairly easy to amend it to allow for public access to some of those records. Under the new law members of the public can have access to the registration information on anyone convicted of any of the following crimes after July 1, 1999:

· criminal sexual penetration in the first or second degree, which essentially means the victim was younger than 13 years old or was between 13 and 16 if the offender was in a position of authority over the child, or the victim was any age and suffered great bodily harm, great mental anguish or personal injury, or the offender was armed with a deadly weapon or was aided by other offenders;

· criminal sexual contact of a minor:

sexual exploitation of children and sexual exploitation of children by prostitution; or

· attempting to commit any of the above crimes.

The information on people convicted of those crimes will be forwarded to the police chief in the town in which the person lives, the district attorney who handles the area and the state secretary of public safety. Members of the public who want the information may request it from any of those officials or from the county sheriff.

There has been, and continues to be, concern about whether the information gathered on sex offenders' whereabouts will be used improperly. Many people argue that people convicted of sex crimes have paid their debt to society and should be able to live peacefully without fear of vigilantes or even unwanted publicity. On the other hand, many others have pointed out that sex offenders are more likely to repeat their crimes and, given the nature of those crimes, the law-abiding public has a right to know if a sex offender is living down the street.

We do have the benefit of knowing how similar laws have been implemented in other states, since New Mexico is the last state to enact a Megan's Law. While there have been some instances when the law has been abused, for the most part it has been implemented without incident. without incident.

Editor's Note: Representative Thompson welcomes our input. He has asked that anyone interested in discussing state issues affecting our community to call him at home – 294-9423.

****************** Joe Thompson

State Representative/District 31 Roundhouse: 986-4300 - Home: 294-9423

Architectural Control

lim Wise - SHHA Architectural Control Committee, Chair



Although the SHHA chitectural Control mmittee (ACC) has not viewed as many project pplications as it did the three months of 1999.

we have been very busy resolving problems associated with ongoing projects.

Neighborhood Reviews

The ACC is very cognizant of construction that blocks the views of adjacent neighbors and we constantly strive to minimize that impact. As I have discussed in previous Grit articles, the best results can be achieved through the neighborhood review procedure. Although this type of review is not a requirement in the approval process, the ACC uses this procedure to obtain comments for our final determination. Let me caution that a review does not ensure that a proposed construc-tion will not restrict a view, but this process may minimize the restriction.

I have previously expressed concern about poor attendance at the neighborhood reviews. The ACC is very interested in review comments and is looking at ways to improve the process and provide the most satisfying results. On-site reviews are sometimes appropriate and will be used when practical. But in all instances, the ACC will continue to encourage attendance by all invited parties. We find "word of mouth" by neighb to have the best impact on attendance and are interested in any suggestions you may have regarding these reviews

As Chair of the committee, I want to express my appreciation to **Bill Waters** for his hard work and dedication on the ACC. He recently resigned due to a heavy workload at his architec-tural engineering firm. Bill has indicated a desire to return to the Association at some later date when time permits. Jack Wolfe has been appointed to complete Bill's term that expires June, 2000. Jack and his wife Connie have resided in Albuquerque for several years and moved into their new home on Black Bear Road in the spring of '98. Jack previously served on the architectural committee for the Academy Estates Homeowners Association (Unit 7, Track-B) and brings valuable experience to our committee.

Septic Tanks

Bernalillo County is the official approval authority for septic tanks, but ACC approval is also required by the covenants. Please submit a copy of the county approval and the proposed plan. These documents provide assurance of com-pliance and enable us to keep complete records.

Projects Requiring Plan Submittals

As a general rule, any proposed project that is visible to a neighbor is to be submitted to the ACC for review 1 approval. Examples



include landscaping, portable storage sheds, playground equipment, fences/walls, canopies, driveways and satellite discs (where permitted) to mention a few. Re-painting, re-roofing and re-stuccoing also require submittal and approval to insure the finished colors are compliant with the covenants.

In closing, the ACC will continue to work In closing, the ACC will continue to work hard to achieve covenant compliance which, we believe, is the common goal of all homeowners in Sandia Heights. We solicit any comments you may have – 265-7793 or 821-2241.

Since the last Grit, the committee has approved 21 projects:

New Construction	0
Additions	5
Re-stuccos	5
Re-paintings	0
Fence/Walls	7
Landscaping	1
Sunrooms	3

Other Committee Members:

Don Aunapu, Weldon Johnson, Na Jack Wolfe, Bill Stabler, Deborah Carswold

Covenant Support

By Susan Carlow - SHHA Covenant Support Committee, Chair

This is the Spring GRIT, the yearly issue sent to all Sandia Heights residents, independent of membership in the Homeowners Association. We hope that all non-members who read this issue will appreciate the efforts and actions accomplished on their behalf by the Sandia Heights Homeowners Association Board, and will choose to support and join the Association. Please call Sandra Jonas, our Administrative Assistant at 265-7793, to begin receiving further issues of The Grit and to become active in our community.

Sandia Heights is divided into more than thirty separate units, each with slightly different

covenants. The following issues, important to all residents, are addressed in all of our varied covenants: air conditioners and evaporative coolers must be screened; white roofs and white trim are not permitted; stucco and trim should be in earth tone colors; debris and rubbish are to be removed from one's property; chain link fences and visible expanses of grass are not permitted; and trailers, campers, RVs, and boats are not to be parked or stored unscreened on residential lots or streets in Sandia Heights. The covenants contain parked of stored difference of residential lots of streets in Sandia Heights. The covenants contain far more then we have mentioned here, but these are the issues most frequently brought to the attention of the committee.







On October 9, 1998. Second Iudicial District Court Judge Woody Smith upheld SHHA covenant restrictions on open storage of RVs, trailers, campers, motor homes, boats, etc

The Covenant Support Committee also has The Covenant Support Commutee also has the delicate job of respectfully requesting that a homeowner "clean up, pick up, move, remove or repaint." Adherence to our covenants is important. Compliance with the covenants benefits all who live in our unique environment, both personally and financially, since it does increase property

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New Development

Cell-Phone Communication Tower

As reported in the last Grit, an application to construct a cellular tele-hone communications tower on land which is part of the Ice Arena has been led with Bernalillo County. This application is on hold until the county comletes guidelines for the construction of such towers. The SHHA Board believes hat the applicable covenants for Sandia Heights south Unit 7 require submission

of plans, elevations and location of any such structure to the Architectural Control Committee before any construction can commence. To date no such information has been submitted to the Association. The ACC and New Development Committee will continue to monitor this proposed development as the present moratorium on this matter comes to an end.

Domingo Baca Arroyo Trail

It was brought to the attention of the SHIHA, that a map showing National Forest Pedestrian Trail Access from Little Cloud Park to the open space boundary, was distributed to the public. This trail on the map is designated as the Domingo Baca Arroyo Trail. Please be advised that this map is not correct. As reported in the last issue of The Grit, all land adjacent to the open space and the national forest is privately owned and no right of trespass currently exists on the property providing access to Domingo Baca Arroyo.

Individual property owners may choose to allow hikers to cross their land, but no legal obligation exists for those owners to do so. If you know who is distributing this erroneous information, please contact the SHHA office at 265-7793. We will attempt to contact those involved in an effort to correct the information being distributed.



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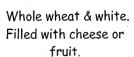
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Membership, Community Services & Communications



By Claire Wilcox - SHHA Vice President and Committee Chair

As a summary of our year's activities, the Membership Committee has begun calling the SHHA residents that drop their member-ships in the Sandia Heights Homeowners

Association to try to determine the reason. It Association to try to determine the reason, it is our hope that we can improve the Association by knowing the problems and trying to fix them rather than having homeowners drop out with no explanation. Please help us to help you by cooperating with the committee's survey.

The Community Services Committee is responsible for creating and putting on various community events. For the past few years we have been responsible for the October Crafts Bazaar and the March Winetasting, both of which have become very popular and craits sazaar and the march whetasting, both of which have become very popular and are "put on" as nonprofit events. The Newcomers Coffee mentioned above was an addition to our activities. A few attempts have been made to hold a Spring Fling Picnic in May which would be an annual event the whole firstly could extend. This is call their whole family could attend. This is still being considered and suggestions are welcome.

The Communications Committee has the responsibility to see that any information portant to SHHA residents is either maland directly to you or gets published. The latter includes the "stuffers" in your Sandia Heir 3 Services water bills which often carry timely reminders. Last year we included info about plague, recycling, siberian elm proliferation, community meetings such as the Sandia Mountain Coalition, as well as the annual events we sponsor. Using these stuffers allows us to reach you at least once per month, so please check your water bills for these newsworthy additions.

This committee also sponsors the The Communications Committee

This committee also sponsors the Sandia Heights Homeowners **Web Site** at http://www.nmia.com/shha that contains current events, what's new minutes from the annual meeting, and especially important, the covenants for all 37 units. The covenants are the guidelines for your particular section of Sandia Heights outlining acceptable building and home addition

Are You Concerned About Your Aging Parents?

Call

Sharon Miles, Licensed Master Social Worker

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836-5794

Whether your needs are to keep your aging loved one at home or to find an alternative placement together we will find a solution.

codes, approved home colors, fence height regulations, etc. They are very important if you are planning to make any changes to your home and are the guidelines the Board uses to help maintain the beautiful, unified and sought-after environment in our Sandia Heights neighborhood.

RECYCLE THE GARAGE AND OTHER HAZARDOUS WASTES

Is your garage like a paint store full of solvents and old paint cans or like a garden store filled and old paint cans or like a garden store filled with pesticides, herbicides, aerosols etc? It's Spring and clean up time, so if you're finding too many hazardous wastes in your home and want to dispose of them safely, here's how.

The Rinchem Hazardous Waste Center, 6133 Edith NE, is open Fridays 8:30am - 4:30pm and Saturdays 8:00am to 3:00pm and will accept the following items:

- pool chemicals
- paints & solvents
 automotive batteries
- aerosols
- pesticides & herbicides

There is also a new RE-USE AREA where residents (over 1° years and with a driver's license) can brow... and take home materials they may need – recognizing the idea that one man's waste is another man's want. The phone number is: 345-1. J.

Y2K UPDATE

At the April Board meeting, Sandra Cline, a Sandia Heights resident, asked the Board to sponsor a mailing to all Sandia Heights homeowners regarding our Y2K area preparedness. Her request was approved and the Community Services Committee scheduled the mailing for the first part of May. If you have not received your Y2K information or would like to talk to someone about our community's preparation. call

about our community's preparation, call Sandra Cline at 856-7908.

A very special thank you to Claire (and Dave) Wilcox from the Association, the Committee members and editor of The Grit for outstanding, creative and meaningful service on behalf of our community. Best of luck in Phoenix!

Mary and Terese (left) join Claire in her kitchen at the special SHHA coffee for newcomers to Sandia Heights.



Committee members (I to r) Melanie Christman, Irene Middleton and Claire Wilcox.

WINETASTING '99

The Annual SHHA Winetasting, which was started 5 years ago has grown into a very popular Sandia Heights event. This year 140 people signed up to attend and were treated to more than 25 wine selections and live with more than 25 wine selections and the people signed with the contraction of the selection of the s live guitar music. As usual many attendees brought homemade appetizers which help make the evening a grand antipasto. Dee Torres, owner of the new Salsa Restaurant and Grill at the

base of the Tram, donated hot and cold tapas that complimented many of the wines offered. (See some of the delicious recipes on page 00.)



NEWCOMER'S COFFEE

One of the Membership Committee goals is to stimulate a sense of community in Sandia Heights and we decided to host a new-comer's coffee on April 14th. It was attended by 17 people, some newcomers and some "oldtimers" who came to bid welcome. We provided several handouts inc. __ng a map of Sandia Heights, a summary of latest Board issues, and a copy of the SHHA web site. The discussion was spirited and stall attendees a latendees and stall the summary of the stall the expressed a common interest in hiking, so the nucleus for a new hiking group was formed.

In the past, monthly SHHA coffees were held in different homes on a regular basis, but attendance declined and the coffees basis, but attendance declined and the contention were stopped. So the committee tried putting the focus on the newcomers and are pleased with the interest. If you would like to attend or host a newcomers' coffee, call Claire Wilcox, 856-6282, and keep watching the Grit, We may do it again.





Coffee comers (I to r) Grace Farbes, Barbara Liponski, Christine Adolph, Adie Knopse and Barbara Bensonhave



Sandia Heights

Customers

THANK YOU!

Customers

Customers

Upholatery

Cleaning

excel (ik sel')-v., 1. to surpass; be superior to; outdo-2. to surpass others or be superior in some respect

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ALERT TO HOMEOWNERS

About Proposed Changes to the 100 YEAR FLOOD PLAIN MAP

By Barbara Rosnagle - SHHA New Development Committee

The Federal Environmental Management Authority (FEMA) has been revising the official map for the 100-Year Flood Plain in Sandia Heights and North Albuquerque Acres. In most cases the changes are minor. However tweaking of the boundary lines could result in the designation for a given house to be included or excluded from the 100-year flood plain. The first and most obvious concern for a homeowner is the issue of flood insurance.

There should be a public hearing by FEMA sometime this summer, to be announced in a legal ad in the newspaper. That will be followed by a 90-day comment period, after which the map will become legal. Property owners on Pinon Hill Place and along either side of the North Domingo Baca anoyo should take special notice. Any homeowner who is on or very near to one of the major flood plain arroyos may want to attend the public hearing and determine whether or not their property is affected. For further information about that hearing you can call Susan Colongne, Flood Plain Administrator, at 924-3982.

Grass Field for Double Eagle

By Cynthia Reinhart - NAACA Parks Committee

A public meeting was held on April 6th to discuss the proposed grass field at Double Eagle Elementary. Representatives from APS, Bernalillo County Parks and Recreation, and the County's landscape consultant, along with a small group of neighbors attended the meeting. The County will fund the improvements with general obligation bond money, and the County will maintain the field. Improvements include completion of the irrigation system, sodding of the field, and construction of a parking area adjacent to the site on Eagle Rock. The field will not be lighted and access will be restricted with locked gates at night. Concrete trash receptacles will be placed at the field. Sufficient funds are available for landscaping, with trees planted on the west side of the field to serve as a buffer to neighbors on that side. The County also committed to address drainage problems on the south side of Eagle Rock as the parking improvements are put in place. There is a public meeting in May to licit neighborhood input on the detailed design plan.



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JOHN TEAHAN, M.D Board Certified Ophthalmologis & Sandia Heights Residen

Hantavirus Awareness in Bernalillo County

While there have been only two reported cases of Hantavirus in Bernalillo County, there have also been recent incilents in the western part of New Mexico, and most people remember the major 1993 outbreak and resulting fatalities. Much more s known today about this disease, how it is spread and what can be done to prevent it.

WHAT IS HANTAVIRUS?

It is a serious disease causing Respiratory Distress Syndrome (RDS). If untreated, the Hantavirus can be potentially fatal to humans.

HOW DO YOU GET IT?

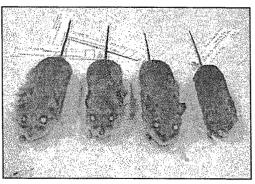
Field rodents (particularly deer mice) are the carriers of this virus. Rodent inne, saliva and feces spread the infection if preathed in, through cuts in the skin, by ubbing the eyes, by rodent bites, or by eating contaminated food. There is no evidence this lisease can be spread from one person to another.

WHAT ARE THE SYMPTOMS AND WHAT SHOULD YOU DO IF YOU HAVE THEM?

If you have some or all of these symptoms: sudden fever, muscle aches, headache, tomach pain, difficulty breathing, coughing, nausea and vomiting (not unlike a sudden, heavy lu), contact your physician or go to the nearest nospital or medic .acility IMMEDIATELY!

HOW CAN YOU PREVENT GETTI HANTAVIRUS?

Avoid direct contact with rodents (live or lead) and their droppings, nests or closed habitats or items which may be contaminated by rodents. Make your home less attractive to rodents by takng steps to eliminate their source for water, food, and shelter. Wash your hands often, especially after doing any activity where you might come in contact with rodents, their droppings or other contaminated materials.



Field mice found in Bernalillo County: (I to r) brush mouse Peromyscus boylii, pinon mouse Peromyscus truet, deer mouse Peromyscus maniculatus, and house mouse Mus musculus. NOTE: The deer mouse has the shortest tail with distinctive biforcated coloring (light to dark) from ventral to dorsal and no tuft at the end.

HOW DO YOU PROTECT YOUR FAMILY FROM THE HAN-TAVIRUS?

KEEP CLEAN! Wash. dishes and clean kitchen counters and floors immediately after cooking. Put away pet food and water for the night. Store all food and garbage in containers with close-fitting lids.

PREVENT ENTRY!

Deer mice can enter your home through as small as a shirt butte Seal holes with holes as small as a shirt butter. Seal holes with steel wool, wire mesh, cement or materials through which rodents cannot gnaw. Clear brush grass, trash, and other debris? und the foundagrass, trash, and outer deems tion of your home or buildings.

OUTSIDE CONTROL

Elevate any woodpiles, garbage cans, and hay stacks. Locate them at least 100 feet from your house. Store animal feed in containers with tight-fitting lids. Haul away old cars, tires and other junk in the yard. Be careful not to breather the content of the careful of the care dust when entering storage buildings where

TRAP, DISPOSE, DISINFECT!

For trapping, use only spring-loaded traps. A good bait is peanut butter. Indoors, place the traps on newspaper sprinkled with flea powder. Outdoors, place the traps near wood or junk piles. Wear rubber or disposable gloves. Spray dead rodents and the traps with disinfectant (such as Lysol spray or a mixture of 1 part bleach to 10 parts water). Pick up the dead rodent with a shovel or rubber gloves, double bag it, and place in the garbage. If you live in a rural area you can bury the rodent, or burn and bury it in accordance with local ordinances. Disinfect rubber gloves afterward. Thirow away disposable gloves. away disposable gloves.

Do not sweep a suspected contaminated area with a broom or vacuum until the area has been disinfected by spraying with Lysol or the bleach mixture. Then wet mop the area with the same dis-

infectant. If you discover a nest, spray or dust it with insecticide for fleas. Wait one full day and follow up with the disinfecting procedures. If you find a dead rodent, handle it using the disinfecting and disposal procedures described. However, finding a dead rodent is not an indication of a Hantavirus problem. The deer mouse carries the virus but does not die from it.

Contaminated carpets and furniture can be disinfected or shampooed. Bedding and clothing can be laundered with commercial detergent and warm or hot water. Dry clothing and bedding dryer to aid in the disinfection.

If you must clean out a barn or out-building, vent it first, wear a respirator, then set transfer you must work in enclosed spaces where there is a suspected rodent infestation, wear a negative pressure respirator with HEPA filter or PAPR respirator.

FOR MORE DETAILED INFORMATION CALL:

Center for Disease Control (CDC) New Mexico Dept. of Health County Environmental Health City of ABQ Vector Control

1-800-532-9929 1-800-879-3421 924-3650

Traffic & Safety

By Irene Middleton - SHHA Traffic & Safety Committee, Chair

The Traffic and Safety Committee continues to monitor several proects for the Sandia Heights community.

- The pedestrian trail Phase I is progressing along Tramway Lane. There has been limited opposition to the project and It is hoped that everyone will realize that it will be an enhancement to public safety and welfare.
- For your information: The 15 mph speed limits posted for roads are for geometrical reason and cannot be changed to higher limits unless the roads are changed.
- Additional safety measures are being considered for the area around Little Cloud Park.
- Chamisa trimming is about 75% complete. Work will continue for at least two more weekends and will be finished by mid-June.
- · Over the next three months several hundred thousand dollars spent for surface improvements to multiple roads in Sandia Heights . See list to left.
- At the request of a resident, several trees on County easement were removed to improve visibility.

Remember, if you are interested in applying for a speed hump on your street, contact the SHHA office for information and application forms.



Resurfacing Schedule:

Antelope Avenue Bighom Ridge Drive Bighom Ridge Drive
Black Bear Loop, Place, Road
Bluebell Drive and Place
Bobcat Boulevard
Cedar Hill Road
Cougar Loop
Deer Drive
Goldenrod Drive
Honeysuckle Drive
Laurel Loop and Place
Lynx Loop
Eagle Ridge Drive, Road, Court,
Place, Terrace, Lane Place, Terrace, Lane Moming Glory Road San Rafael Avenue

10

Sandia Happenings

The North Albuquerque Acres **Commercial Corridor Study**

By Karen Aspelin - P.E. Parsons Brinckerhoft

The future buildout of Paseo del Norte The future buildout of Paseo del Norte, Eubank and Alameda in the North Albuquerque Acres (NAA) community, which will restrict individual driveway access and increase traffic on these roads, will likely make many of the lots in the vicinity of these roadways less attractive for single-family homes and more attractive for commercial development and other land uses not permitted under the A-1 zoning, Additionally, with the increase in homes built in the neighborhood and surrounding areas, zone change requests and special use permit applications have increased.

Without an appropriate planning decument

applications have increased.

Without an appropriate planning document for guidance, these requests are currently being handled on a case-by-case basis. In response, Resolution 98-1998 placed a six-month moratorium on zone map amendments and special use permit applications for non-residential land uses in the unincorporated portion of NAA (and including Sandia Heights). During the moratorium, which expired the end of April, the NAA Commercial Corridor Study has been conducted; it is intended that the outcome of this study will affect how applications to establish commercial and other non-A-1 land uses are evaluated for this area. Zones covered under the moratorium include O-1, C-N, C-1, C-2, M-1, and M-2. M-1, and M-2.

PS TOWARD DEVELOPMENT OF THE PLAN

The technical team developed an advisory committee with both representatives from the neighborhood and from the real estate and developer community. Additionally, because of the study area's proximity to higher-density neighborhoods in the City of Albuquerque, a representative from that group was sought. The members of the study advisory committee were:

- four residents of NAA,
- · one real estate broker (also a resident of NAA),
- two developers (one a resident of NAA), and
- one representative from a nearby City of Albuquerque neighborhood association.

The study advisory committee met with the technical team on nine occasions between October, 1998 and April, 1999 to guide the development of the project. The first public meeting was held Wednesday, January 27,1999 at the Sandia Presbyterian Church. Approximately 175 people attended this meeting.

attended this meeting.

The main display at this meeting was a map showing twelve possible sites for alternative land uses. No land uses were associated with the sites at this point in the study. These sites were selected by the joint technical team/advisory committee and were roughly based on these preliminary criteria:

- · Adjacent to a principal arterial;
- At least four lots in size; and
- Three hundred feet from the nearest home, school, or church. (This criterion was related to the state law that liquor cannot be sold within 300 ft. of a residence, school, or church.)

Another meeting display showed examples of the types of criteria that would be examined when selecting sites and land uses. Also displayed were the zoning categories in the Extraterritorial Area of Albuquerque/Bernalillo County, a board showing the types of design guidelines that would be recommended later in the study, and a photo

collage of various "unobtrusive" offices, shops and restaurants in the Albuquerque area that have been designed to blend in with their environments. A brief presentation was made on these displays by members of the joint technical team/advisory committee; a question and answer session followed. Meeting attendees were invited to submit comments on the proposed sites by selecting alternative land uses (or no change in land use) that they thought would be appropriate for each site.

The second public meeting was held

would be appropriate for each site.

The second public meeting was held Wednesday, March 10, again at the Sandia Presbyterian Church. Approximately 130 people attended this meeting. The revised site map was shown at this meeting. After examining the data collected at the first public meeting, the joint technical team/advisory committee eliminated sites A, B, C, and D because of the high public opposition to changing these properties from A-1, and site K because of the driving distance required to reach it from the nearest principal arterial. Although site L had opposition to the changing of its land use, after reading through the public comments it was determined that many respondents did not understand its vehicular access, and consequently the site was left in for further examination and public comment.

The joint technical team/advisory committee

The joint technical team/advisory committee further defined the criteria to be used for the selection of the sites and the land uses to be recommended for the sites as shown in Table 1.

Table 1. Site Selection Criteria

	teria Applying						
1.	Sites should i	not be n	nore than	a one-quarter	mile	driving	distance
	from Paseo o	del te	or Eubai	sk.			

Sites should be arated from vacant land by a road, a lot with an existing structure, open space, a municipal boundary, or public right-of-way.

No higher use then C-N (neighborhood commercial).

Sites should be distributions between less compatible land

4. Sites should be uses uses.

Criteria Applying to Residential Sites

5. Higher density residential land uses should be used to buffer existing homes from Paseo del Norte and Eubank.

6. Higher density residential sites should be at least six lots in size.

7. No higher density than eight dwelling units per acre.

Criteria for Non-Residential Sites

8. Non-residential sites should have visual frontage to Paseo del Norte or Eubank.

Norte or Eubank.

Non-residential sites should be two lots deep to discourage strip

Intersuction and the within 300' of an existing home, on-residential sites should not be within 300' of an existing home, on-residential sites should not have direct access to local roads

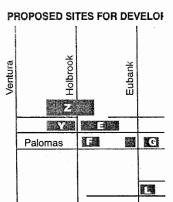
The recommended land uses were determined by the advisory committee using the above criteria, knowledge of what would work at each site from a commercial viability standpoint, and ideas of what area residents would like to see at each site.

Meeting attendees were invited to submit their comments on the proposed sites. Comment forms asked respondents to circle the letter of each site with which they agreed on the proposal, and to provide comments on the sites with which they did not agree, and also solicited comments on the draft design guidelines that were distributed.

A third and final public meeting was held at the Sandia Presbyterian Church on April 5th. A slide the Sandia Presbyterian Church on April 5th. A slide show of the study results was presented to the approximately 80 meeting attendees. At this meeting, the land uses for site L had been revised from what had been shown at the second public meeting, based on public opposition to the initial recommended land uses. Displays from past public meetings were available for review, and comment forms were available for public input.

TRAFFIC IMPACTS

Six study intersections - Paseo del Norte with Holbrook, Eubank, Browning, and Lowell, and the Eubank intersections with the north frontage roads and San Francisco – were chosen for analysis to determine the impacts that traffic from the nine sites would have on the surrounding traffic conditions. In NAA, single-family residences on approxiate one-acre lots are the primary traffic gene



Other major trip generators are the Double Eagle Elementary School, which affects mainly the morning peak hour period, and the six churches in the area, which typically do not affect either the morning or evening peak hour traffic periods. Other institutional and recreational land uses in the area either generate extremely low volumes of traffic (e.g., the fire station and water tank on Paseo del Norte) or off-peak traffic surges during events (e.g., the Altamonte Little League fields).

Transportation facilities currently available in

(e.g., the Altamonte Little League fields).

Transportation facilities currently available in the area consist mainly of two-lane roads, many of which are not paved. Existing Paseo del Norte is currently two lanes through the project area. Design has been done for improvements to Paseo del Norte from Wyoming to Eubank. These improvements include a new pavement section, frontage roads, and bicycle/pedestrian facilities. Construction is expected to start in 1999. Design for improvements to Paseo del Norte from Et. k to Tramway will be started in the summer of 1999 and will incorporate a new pavement section, frontage roads, and bicycle/pedestrian facilities. "xisting Eubank is two lanes from San Francisc. Paseo del Norte. A Detailed Evaluation of Alternatives Study report has been finalized for Eubank Boulevard, and two build alternatives have emerged. Both alternatives include new pavement sections, frontage roads, and bicycle/pedestrian facilities. Holbrook, Browning, and Lowell are currently two-lane paved facilities with-Lowell are currently two-lane paved facilities we out curb and gutter or bicycle/pedestrian facilities

out curb and gutter or bicycle/pedestrian facilities.

By 2020 it is expected that many of the local dirt roads in the neighborhood will be paved and treated with traffic calming measures according to the NAA Transportation Plan (1998). The currently unsignalized intersections of Paseo del Norte with Holbrook, Browning, and Lowell will be signalized as part of the Paseo del Norte improvement projects. A Eubank Boulevard preferred alternative will have been selected and possibly built, with signalized intersections at the frontage road access points. Table 2 shows the increase in trips that would be expected from changing the land uses from single-family residential to the recommended land uses.

Table 2. Increase in Trips Expected from New Recommended Land Uses

	Daily		A.M. Peak Hour		P.M. Peak Hour	
Site	Trips	Trips	Trips	Trips	Trips	Trips
1	ln	Out	In	Out	ln	Out
E	207	207	4	26	25	12
F	589	589	82	25	60	75
G	1289	1289	37	20	106	117
Н	207	207	4	26	25	12
1	906	906	105	27	62	94
J	523	523	15	8	43	48
L	654	654	19	10	54	60
Y	64	64	1	8	8	3
Z	351	351	14	41	47	27
TOTAL	4790	4790	281	191	430	448

The additional trips associated with each site The additional trips associated with each site were then assigned to the study intersections based on the directional distribution exhibited by the background turning movements. Capacity analyses were performed for each of the five study intersections that is expected to be signalized by the year 2020. The capacity analyses show that in all of the signalized intersection cases, the intersections are expected to operate acceptably (level-of-service "D" or better)



he year 2020 peak hours. In most cases, the tional traffic from the proposed sites does not use the level of service. Where level of service is aded, it is not more than one letter grade.

The intersection of Eubank/San Francisco is only study intersection that has not been consid-for signalization in the corridor study phase. A ant analysis done for this intersection shows even with the additional traffic from the LDS even with the additional traffic from the LDS ble and land uses proposed for site L, this interon will not likely meet the peak hour warrant
ignalization; however, capacity analyses show
if left unsignalized, the intersection will probaperate at an unacceptable level of service. This
section should be monitored in the future to
mine whether other warrants are met that
the need for this intersection to be signalized.

Parking requirements for each site were esti-d and are shown in Table 3.

Table 3. Parking Requirements

Proposed Land Use	Required No. of Parking Spaces	Required Area for Parking (ft ²)
Townhouses	. 0	0
Office	59	14,750
Institutional	165	41,250
Clinic	68	17,000
C-N Uses	200	50,000
Townhouses	0	0
Office	98	24,500
Institutional	165	41,250
Clinic	68	17,000
Townhouses	0	0
Misc. Uses	81	20,250
C-N Uses	100	25,000
Townhouses	0 .	0
Residences	0	0

UTILITY REQUIREMENTS

As defined by the City of Albuquerqu r Master Plan, the project area along Paseo del is located in the Alameda Trunk, and extends Pressure Zone SE on the west to just inside ure Zone 9ER on the east. Within the Alameda the ZDIE 9EX on the east. Whillin the Alameda, t, the most easterly existing City reservoir is the er Reservoir, located south of Paseo del Norte west of Eubank Boulevard. This reservoir is oned to service the areas north and south of the del Norte that lie within Pressure Zone 5E. I service is not available to the project area this course. this source.

Water service is available, however, to the ng residential areas that are immediately west project area (west of Holbrook and south of del Norte). Service to this area is provided the Canada Reservoir, located above the High the Canada Reservoir, located above the High t development on Academy Road east of way. Water from this reservoir is conveyed and west on San Antonio through a series of the reducing valves. This water is then distribuorth through a series of distribution lines. This source could provide service to the proposed There is certainly adequate pressure from this; however, the quantity of water available to as would have to be verified through the City's system computer model. system computer model.

If it is decided that a water system should be sped for this area specifically, then two options. The first would be to construct water systems are sized to specifically serve individual

development areas. An example would be a system that consisted of a well, a pressure storage tank and/or a booster pump for fire flow requirements and a distribution system for some sites, while others could undoubtedly be provided service from the City water line extension that has been placed in Eubank Boulevard for the new LDS Temple. The EMBAIR BOULEVARI for the flew LDS temple. The second option would be to participate in the build-out of the City's system within the Alameda Thunk, involving the construction of a pump station at Walker Reservoir, which would then pump to a new reservoir in Zone 9ER. This system would also require the construction of a transmission line from the pump station to the reservoir, and a distribution line from the pump station to the reservoir, and a distribution line from the reservoir back into the preservoir. line from the reservoir back into the project area.

line from the reservoir back into the project area.

In general, the availability of sanitary sewer service is predicated on the volume of the design flows being planned for and the downstream capacity of the collection system. For this project area, predicted wastewater volumes were calculated using the land use descriptions for each of the nine proposed sites. These land use descriptions broke the proposed development into both commercial and residential uses based on the land area within the development site. The predicted wastewater volumes the statement of the proposed development into both commercial and residential uses based on the land area within the development site. The predicted wastewater volumes are the proposed development in the proposed development site. residential uses based on the land area within the development site. The predicted wastewater volumes were then calculated for each of the sites using City of Albuquerque residential and commercial wastewater loading guidelines. These guidelines were also used to determine the peak and design flows that will be used to assess service availability to the project area. All collection systems are, at a minimum, sized for peak flows. Design flow is used to provide expansion room in a collection system to allow for upstream development.

DESIGN GUIDELINES

The purpose of the design guidelines is to provide a framework to assist developers in underprovide a framework to assist developers in understanding the residents' goals for high quality development. The intent of the designed quality development in the impact of commercial office, and higher density residential uses. The design guidelines cover six general categories: streetscape, lascape, setbacks, site planning and architecture, signage, and lighting.

signage, and lighting.

The intent of streetscape is to create an environment that is attractive and inviting. Elements of streetscape include screening, pedestrian access, street furniture, and pedestrian links. The intent of landscape is to buffer non-residential uses from residential uses. Elements of landscape include buffers, street trees, frequency of plantings, trees, frequency of plantings, and the plant palette. Setbacks for buildings and parking areas reinforce attractive streetscape by using pedestri-an walkways, screening, and landscaping within the set-back area.

Site planning and architecture encourage pedestrian-friendly and visually appealing environments. Elements include pedestrian access, building orientation, parking, utilities, and building height and massing. Signage serves several functions: it directs and informs, provides circulation requirements and restrictions, provides public Site planning and circulation requirements and restrictions, provides public safety and minimizes traffic confusion, and complements visual character. Finally, the lighting in the area will have to be consistent with the NAA/Sandia Heights Light Pollution Ordinance to preserve the night sky. Lighting will have to be consistent with adiacent architecture, type and adjacent architecture, type and time of lighting, and height.

NOTE FROM THE EDITOR:

The widening of Paseo del Norte to Tramway and the subsequent development of this rapidly growing area will have a significant impact on Sandia Heights. I thought it important to give residents a chance to follow the considerable efforts being made to control that growth and provide guidelines for commercial, utility, landscape and residential design.

The County is widening Paseo to three lanes in both directions from Wyoming to Eubank. The existing Paseo from Holbrook to Eubank will become a frontage road. Another short frontage road is planned on the north side of the new Paseo along with a paved trail that will eventually link up with the trail along Tramway.

CONCLUSION

As of this writing, the NAA Commercial Corridor Study report, including its recommendations, is still undergoing final revisions. Although the outcome of the study is not expected to change significantly from what is presented in this article, the advisory committee and technical team still have one final meeting to discuss the comments received at the third public meeting, Subsequent to that meeting, the study document will be finalized.

If you have questions recarding this study

If you have questions regarding this study, please contact Karen Aspelin of Parsons Brinckerhoff, at 881-5357 or aspelin@pbwor om.

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The Y2K Bug - and Your Millennium Garden

By Shirley Medina - Master Gardener

Where are you going to be on January 1, 2000? Will you be worrying about what might happen, or will you be rejoicing that no matter what happens, you are prepared? People have mixed reactions to the Y2K doomsday predictions. The dependence on computers and the resulting implications are causing a wide range of "fight or flight" emotions. Some people who are fearful of a major disaster are making preparations for a one-year survival. Others are trying to take a practical approach, making provisions for a two week to two month inconvenience. There are a few who are actually moving to rural areas, if there are truly any left. And finally, there are many who don't believe there will be a problem, and are not taking any precautions. Like the old adage goes, it is probably "better to be safe than sorry." Many computer consultants believe that computer glitches that occur at the stroke of midnight, 01/01/00, will cause only minor problems, if any. Therefore, at least short-term preparation is indicated.

Good preparation is the best defense. Making an inventory of everything that needs to be done, and then taking step by step action will help organize preparations. There are some good checklists to follow on the Internet (http://cas-sandraproject.org/indprep.html). A good checklist will help to pinpoint and avoid potential problems. High priority problems would be 1.) getting hard copies of important documents such as deeds, mortgages, bank accounts and credit card balances; 2.) storing food, water, wood and other supplies; and 3.) setting up neighborhood reliance teams. But this article will focus on food and water issues.

It will be cold when the "bug" is set to wreak "avoc in everyone's life. This is why all the growi. and harvesting should be started now and continued as far as possible into the fall. Seedlings would be best to start now since Sandia Heights has a shorter growing season due to altitude and climate. Here are some fruits and vegetables that would make good storage staples: 1.) for canning – asparagus, beans, green beans, tomatoes, carrots, cabbage, jalapenos, cucumbers, okra, potatoes, peaches, pears, cherries, plums, raspberries, strawberries, etc. for soups, relishes, toppings; 2.) for dehydrating or making fruit leathers — apples, bananas, apricots, pineapples, strawberries, etc. Obviously, not all of these can be grown here, but they can be bought in bulk quantities for processing. Native staples grow very well here such as pinto beans, chile, and com, and can also be died or processed for long term storage (one year). A good place to plant these would be in a protected

гБ



area near the home from which watering and harvesting requirements can be observed. The best area to store food is in a root cellar or in a basement, if you have one. If you don't, a cool garage will suffice, but be sure to keep foods stored properly to avoid unwanted critters. Allow forage foods to grow freely for the wildlife in your area (away from the home) such as alyssum, dandelion, epazote, lambsquarter, mallow, mustard, nasturtium, purslane and prickly pear cactus. Most of these are also good for human consumption – just know what you are eating!

How much food should you grow? This depends on what your family likes to eat. Small to large quantities of consumed food should be stored accordingly. A good nile of thumb seems to be to store at least twent ounds of dried goods per person per month, such as rice, wheat, com, pasta, powdered milk or beans. Items which can't be grown should be in led such as canned meat and fish for protein, vitamins, special diet foods for the sick and elderly, bouillon products, sweet products, high energy foods, camping foods or military rations (MREs).

Of course, all of this food can't be consumed without water or water products. It is always a good idea to stock up on coke or juice products whenever they are on sale. But water, and lots of it, will be what is really needed to survive and to prepare some of the foods mentioned. Water needs to be harvested just as food is. This is important especially in this aid land. Each person should have at least two quarts of water per day for drinking. Evaluate each persons needs Additionally, water will be needed for cooking, cleaning, bathing and some gardening (another two quarts per person daily).

Gardening? Yes, cold frames can be made for vegetable cultivation through the winter. Also, it is wise to keep areas moist close to the home in the event of a bad winter drought. Some of the best containers for storing water are 5, 16, or 65 gallon food-grade drums, and cleansed soft drink bottles. To purify tap water, bring it to a rolling boil for 10 minutes, cool and store. To prevent algae from developing, add 1/8 teaspoon of chlorine bleach per gallon of water (without soap or other additives). Water can also be harvested for cleaning, bathing, or outdoor use by "catching" it in 55 gallon drums outside the home, adding chlorine, and keeping the drums covered to keep pests out. Take advantage of those July monsoons. Small electric generators to keep your electrically powered water supply operational could be worth the price. Bags of ice in coolers should also keep well if the weather outdoors is cold. Emergency supplies can be found in hot water tanks, toilet tanks (not bowls), swimming pools, and possibly garden hoses that haven't frozen. Storage of water should begin now.

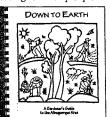
The final word on gardening and Y2K is "emotions." If a situation develops that causes tempers to soar, be sure to have at least one rake or shovel available and take it out on your garden. The garden will appreciate the attention, and you'll feel better. The best advice, though, Y2K or not, Is it's always best to be prepared for an unexpected disaster.

MASTER GARDENER HOTLINE
Mon-Fri:
9:30 am-2:30 pm 292-714 I am-4 pm

Down to Earth: A Gar 'ener's Guide to the Albuquerque Area

Down to Earth is a recently published guide which represents approximately a year of compiling articles and information written by Albuquerque Area Master Gardeners, Bernalillo County Extension Service, and others. It not only provides interesting reading for Albuquerque's

newcomers, novice and accomplished gardeners, but it is also a valuable resource rendering information on topics ranging from bulbs to xeriscape.

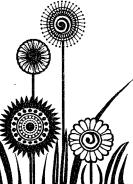




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ASK ABOUT LOW WATER LANDSCAPE THEMES!

Plague Update: Mountain Lion Found Dead by Hiker

By Dr. Rudy Bueno, Jr., Ph. D. - ABQ Environmental Health Dept./Vector Control

County wide plague surveillance has been initiated by the Albuquerque Environmental Health Department's Insect and Rodent Control Section with collaborative support from Bernalillo County. Surveillance was conducted in three sites at Sandia Heights on April 19-21. Rodents captured included different species of field mice and packrats. The rodents were transported to our facility where blood and flea samples were taken and sent to the Centers for Disease Control at Fort Collins, Colorado for analysis. If plague is detected we are notified immediately and control and educational efforts are initiated.

plague is detected we are notified immediately and control and educational efforts are initiated.

On April 23, we received notification from the state's veterinary epidemiologist that a dead mountain lion was found by a hiker in Rosamiento Canyon, located between the Tram and La Cueva Recreational Park about 1/4-1/2 mile east of North Sandia Heights. Since mountain lions have such an extreme range it is difficult to know where the animal was infected with plague. Surveillance of rodent populations was initiated the following week and samples were sent to CDC; results are pending. Any rodents, especially rock squirrels and packrats, which die for inexplicable causes need to be reported immediately to the Albuquerque Environmental Health Department at 768-2600. The dead rodents will be collected, tissue samples taken and sent to the State Laboratory Division in Albuquerque for plague testing. Results are available in less than 24 hours and we are immediately notified.

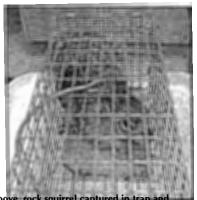
Residents can take certain precautions to reduce exposure to plague. Pet food, water sources, and

Residents can take certain precautions to reduce exposure to plague. Pet food, water sources, and shelter (wood piles, rock piles) attract rodents to homes. Elimination or reduction of these attractants will decrease potential exposure to a plague infected animal. Hikers need to keep their pets on a leash and not allow their pets to roam. A rodent dieoff from plague can occur in hiking or residential areas and if this happens the fleas leave the dead animals in search of new hosts. A roaming pet can be the next host of a plague infected flea and bring it back to the home.

Cats are very susceptible to plague and must be watched carefully. Keeping cats indoors eliminates their exposure to plague infected rodents. If a cat does become infected, usually from eating infected rodents, symptoms include a high fever, swollen lymph nodes (especially in the neck area), and fatigue. The cat must be taken to a veterinarian immediately for

The cat must be taken to a veterinarian immediately for prompt treatment. Human exposure to plague will result in similar symptoms, in particular swollen lymph nodes in the groin, underarm or neck area. The first symptom is rapid onset of a high fever two to five days after exposure. If this does occur please see a doctor immediately. Plague is easily treatable with antiblotics if caught in its early stages.

The AB-uquerque Environmental Health Department we are any questions from the residents of Sandia Heights and we will continue to provide efficient service and educational tools to assist the community with plague interver `n. A representative of Environmental Health Vector C...trol will give a presentation on plague and Hantavirus at the SHHA General Meeting on June 12th at The Church of the Good Shepherd. Contact us at 768-2600 for further information.



Above, rock squirrel captured in trap and transported to vector laboratory. Below, squirrel is anesthetized for collection of blood and flea samples at the Centers for Disease Control, Ft. Collins, CO.



Left, evidence of packrat activity on t_deck of a Sandia Heights home. They will gather rocks, twigs, plastic, rubber, paper and wire to build and stuff nests.



PLANT OF THE SEASON

Common Lilac (Syringa vulgaris) is a classic New Mexican shrub growing 8-15 feet tall with a spread equal to its height. This deciduous plant is native to southeastern Asia. Large, heart-shaped leaves appear after mid Spring blooms (2-3 weeks later in Santa Fe and East Mountain areas). Flowers occur on panicle clusters at branch ends which may be white, blue, lavender, purple and bicolors. Blooms are fragrant and attract butterflies and hummingbirds.



Common Lilae Syringa vulgaris

Common Lilac is cold hardy to -30°F, so it can be planted anywhere in New Mexico up to about 9,500 feet in elevation. It tolerates alkaline soils. Plant in full sun to part shade. Mix one part planting mix with two parts well drained, native soil. Plants become available for sale at local nurseries in Spring.

Planting: Build a berm with soil 2 feet around the base of the plant. Fill the basin twice to insure a deep soaking. For the first two weeks you must keep the plant moist! As time passes, you can decrease the frequency and increase the amount of water given. As Common Lilac becomes established (about 3-5 years), deep soakings every 10-14 days may be all that is necessary during the growing growing season, and monthly in Winier. The greatest amount of water should be given during the bloom period.

Recommended Use: Anywhere a medium-sized shrub is needed. Use in old-fashioned, traditional New Mexico and fragrant garden themes or where attracting butterflies and hummingbirds is desired. Flowers can be cut for fresh, indoor arrangements.

Pruning and removal of old flowers should he done no later than early Summer (June) or it may affect next years blooms. Occasional removal of old branches is necessary.

Common Lilacs are divided into two groups – the Descanso Hybrids and the French Hybrids. The Descanso Hybrids where developed to bloom in midwinter areas but do equally well in New Mexico. Some of the cultivars available are Alba, Blue Boy, Blue Skies, Chiffon, Forrest K Smith, Lavender Lady, Sylvan Beauty and White Angel. The French Hybrids are the more popular group and bloom several weeks later than the Descanso Hybrids. Some of the cultivars are Charles Joly, Miss Ellen Willmott, Ludwig Spaeth, President Lincoln, President Poincare, Sensation and William Robinson. Korean Lilacs are lesser known (available at local nurseries) but grow several feet shorter, making them suitable in confined situations.

If you have questions regarding this plant, call Dan Caudillo at 856-6617

Security's mobile number: 263-4654

SANDIA HEIGHTS SECURITY **CALLS JANUARY- APRIL 1999**

TYPE OF CALL: YEAR	TOTAL:
Alarms	165
Open Door/Window	20
Motorist Assist	34
Breaking & Entering	5
Attempted Breaking & Entering	1
Possible Breaking & Entering	0
Construction Site Burglary	2
Vehicle Burglary	. 3
Suspicious Vehicle	
Suspicious Person	. 14
Peeping Tom	0
Theft (Larceny)	. 5
Animal Control Assist	. 6
Lost /Found Pet	
Pet Nuisance	. 7
Snake	. 0
Family Dispute	. 2
Neighbor Dispute	
Loud Disruptive Party	. 5
Fireworks Complaint	
Vandalism (General)	
Mailbox Vandalism	. 7
Mailbox Stolen	. 0
Lost/Found Items	. 4
Deer Hunters	. 0
Sneeding Vehicle	. 3
ault /Battery (Fight)	. 3
Death Threat	. 0
' '¬usual Special Request	. 16
esperson Problems	4
Phone Problems	
Car Accident	
Motorcycle Nuisance	
Fire	
Rescue	9
Utility Company Assist	15
Construction Sites	5
Vacant Houses (For Sale, etc.)	
Specials (Extra patrols/observation	
Homeowners on Vacation	
TOTAL CALLS	1071
Total Mileage	4 835





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Academy Graduation Brings Ranks to Full Strength

by Joe Bowdich - Bernalillo County Sheriff

Bernalillo County Sheriff Joe Bowdich brought the agency to full strength on April 9, 1999 with the grad-uation of the largest class of the Bernalillo County Sheriff's Regional Academy. Delivering the keynote address was David Kitchen, Special Agent in Charge of the FBI, Albuquerque Office. The Honorable Judge Albert "Pat" Murdoch administered the oath of office.

of office.

"One of my goals upon taking office four years ago was to get more deputies on the street. That's what the citizens said they wanted. I am pleased to say now that we are at full strength, I expect that our community policing efforts will pay off in a big way," said Sheriff Bowdich at the event. "When there are more deputies on the street, we've got more time to work on solving problems in the communities." The Sheriff's Department's authorized strength is 253 full-time deputies. The Bernalillo County Sheriff's Department is the third largest law enforcement agency in the state. "Just because we've reached our magic number doesn't mean our recruiting efforts will stop. We're still looking for the best and the brightest. We expect there to be some retirements this year. Compliments go to our training and recruiting staff, who diligently worked to get us where we are today," Bowdich said. "As an added bonus, this class is academically tops. The average GPA is 97.29, which is phenomenal."

Joining the ranks as law enforcement officers were 26 cadets, with 23 going to the Sheriff's Department, which is the largest class. The other three cadets will report to the Rio Rancho Department of Public Safety. The cadets completed 25 weeks of intensive training in basic law enforcement courses; including criminal investigation, traffic control, defensive tactics, firearms, first aid/CPR, Spanish, and critical incident management. The next step in their training would be 12 weeks of on the job experience as they work alongside a field training officer.

weeks of on the job experience as they work alongside a field training officer.

Honors in the class went to Valedictorian Heather Lynn Armijo. She achieved the highest academic record at the conclusion of basic training at 99.46. Other special awards were presented to Larry Meeks for Firearms Proficiency, Justin Dunlap for Best Driving, and Thomas Carlin for Physical Fitness. The Honor Graduate Award went to Gerald P. Torres. All of the award winners are with the Sheriff's Department. Other distinguished Sheriff's Department graduates were Micah Barker, Charles Bouyer, Patrick Burk, Vincent Chapa, Ray Chavez Jr. Angelic Garcia, Jacob Cass. Parlos Gutierrez, Casey Ireland, Lawrence Koren, Brian Lindl. Pavier Madrid, Edward Manunez, Melissa Mauldin, Tim Miller, Jeff Roland, Kenneth Whitezell and Aaron Wnight. The Rio Rancho Department of Public Safety graduates were Ray Alderete, Jamie Hohmann and Arthur Mangomery.

Campaign to Reduce Youth Rape

On December 20, 1998, a young girl was brutally raped. The heinous crime came to the attention of Sheriff's Community Policing and Problem Solving (COPPS Team) Deputy Tina Padilla because the crime occurred in an abandoned house. Deputy Padilla worked with County Zoning to get the house boarded up. After reading the details of the report, Deputy Padilla decided that immediate action needed to be taken. She consulted with Detectives in the Crimes Against Children Unit and learned that this was not the first rape of this type. Several such cases were and remain under active investigation. Although the suspects in the sexual assaults have been identified as being members of a South Valley gang, the community was galvanized by the reports because the victims were targeted in all areas of the city and unincorporated areas of the county.

Deputy Padilla, who devotes her time to solving problems in the South Valley, was incensed

Deputy Padilla, who devotes her time to solving problems in the South Valley, was incensed that these crimes were virtually unsolvable because the victims were unwilling to come forward out of fear of retaliation. She and Detectives Edward Mims and Henry Wong began brainstorming. They, along with other deputies, came up with the idea of holding a Youth Rape Prevention Seminar. Their reasoning was, that since it is difficult to change the behavior of the gang members, that it would be more effective to launch an education campaign geared toward changing the behaviors of potential victims.

The first seminar was held on February 25th at the Westside Community Center and included presentations from experts in the areas of gang behavior, physical brutality and psychological impacts. The seminar was considered a success in that young people (female as well as male), parents, educators, health professionals and community leaders joined together to deal with the problem of youth rape.

Deputy Padilla's concern for the young people of Bernalillo County led to the scheduling of similar Youth Rape Prevention Seminars in Albuquerque's high schools. The county Sheriff's Department teamed up with the Rape Crisis Center and the Albuquerque Police Department Crime Unit to conduct the seminars. Presentations have been given at La Cueva, Rio Grande, Albuquerque, West Mesa, Sandia, Eldorado, Highland, Del Norte, and Manzano high schools. In addition, other schools and youth oriented programs have requested the seminars.

By the end of the school year, the number of students who have participated is estimated at 14,000. La Cueva scheduled seminars over a four-day period in early April for freshmen, sophomores, juniors and seniors for a total of 1,626 students.

"The response we've been getting from students and teachers has been positive. I believe we're making an impact due to the fact that there have been no other reported gang-related rapes since our public awareness campaign began. I still have concern for our young people though, because sexual assault is a crime that is often unreported," said Sheriff Joe Bowdich.

Deputy Tha Padilla is to be honored for her efforts by the Old Town Optimists Club on May 12th. Despite being a catalyst for this effort, she shuns the limelight and says that it is the sheriff's detectives and deputies who deserve the credit. Deputy Padilla will share the honor with her colleagues in the department.



Treasurer's Report

By Charlie Pechewlys - SHHA Treasurer

JULY 1, 1998 THROUGH APRIL 30, 1999

MONTH	DUES COLLECTED	OTHER REVENUE	EXPENSES
JULY	6,242.90	2,030.90	10,364.45
AUGUST	6,532.41	4,487.06	5,649.39
SEPTEMBER	5,826.03	45.61	11,150.31
OCTOBER	6,212.02	1,737.66	5,566.87
NOVEMBER	6,148.26	45.83	6,774.56
DECEMBER	12,209.19	2,377.04	3,011.34
JANUARY	6,236.95	520.51	8,758.23
FEBRUARY	0	219.65	6,134.76
MARCH	12,404.45	3,850.00	9,572.07
APRIL	6,392.01	1,912.00°	4,315.75

BALANCE ON DEPOSIT AS OF APRIL 30, 1999 - \$42,285.11

PLEASE NOTE:

I. SHIIA is on a "CASH BASIS" accounting and tax system. Revenues and expenses are reported in the month actually received and paid, respectively.

2. DUES COLLECTED is net of the Dues Billing Fee deducted by the utility company for billing, collection and deposit services. Typically, dues deposit lagged into the next month. In December, deposits became current with two subsequent deposits.

3. OTHER REVENUES include Directory and Grit advertising, Architectural Control review fees, Craft's Bazaar and Winetasting, and interest on deposits.



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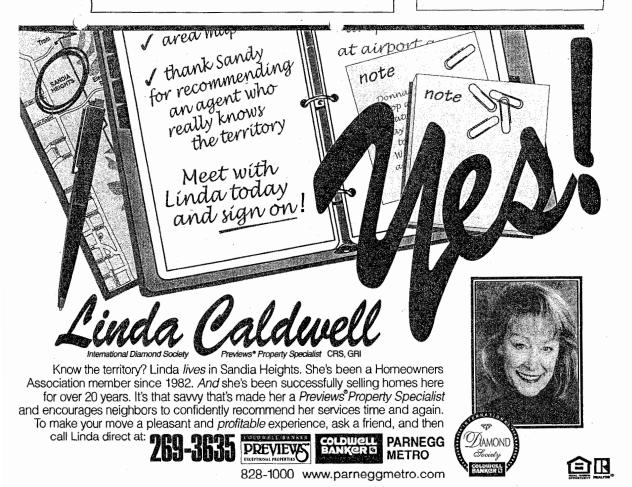
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>
> Counseling service available to the community.

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County Of Bernalillo

Summer 1999 Report

NEW PARKS IN THE WORKS

医乳腺性 医对射性 经现代证据 医阿拉斯氏管 医皮肤 医克斯氏征 医拉克斯氏征

As the weather warms we all begin to think of out-door activities. Soon we will have more developed parks in which we can enjoy our sunshine and beautiful vistas. Sites Southwest is preparing a request for Special Use Permits for South Domingo Baca Dam Park and La Cueva Diversion Channel

South Domingo Baca Dam Park and La Cueva Diversion Channel Park, to be heard by the Extraterritorial Land Use Authority. The Bernalillo County Commission will hear the proposals in June and final approval is scheduled for July. Design development will be ongoing concurrent with the permit review process, so construction should begin shortly after Special Use Permit approval in late July.

Dialogue has begun with neighbors and other interested parties concerning the grass fields proposed for Double Eagle School. All neighborhood concerns will be addressed. What a great example of intergovernmental cooperation!

BERNALILLO COUNTY HAS A NEW ANIMAL ORDINANCE

After many months and much discussion, Bernalillo County has a new Animal Ordinance. The ordinance, which had not been updated for eleven years, will apply only to the unincorporated areas of the county and it will take effect on May 6th. The paragraphs and sections of the ordinance have been reorganized and modernized to make them easier to read and understand. There is clarification of the procedures involved in filing complaints, property inspections, citations and court proceedings, and the appeals procedure. The document looks a bit different but contains much of the same information as before. The ordinance still prohibits residents from allowing their animals to run loose, bark excessively, or leave waste on the trails. An annual rabies vaccine and county pet license are still required for every dog and cat. The ordinance allows ownership of up to four pets, but an exception is made for as many as six pets if they are all spayed or neutered.

Some additions and changes to the ordinance were made in order to insure public safety and protect animals. The requirement for rabies vaccination and licensing now includes ferrets. All commercial animal exhibits (including animal shows, circuses, animal rides, petting zoos, and camivals) will be required to apply for a permit in order, to insure the huma? "reatment of the animals and the safety of the public. In order with the number of unwanted animals being cuthanized at local shelters, a permit (three possible categories) will be required to breed any dog or cat, and the cost to license a non-spayed or non-neutered pet will increase from \$8.00 to \$10.00. Requirements have been deded for special hot, g and care for those who choose to own wolf-hybrid animals. No edding or selling of these animals will be allowed.

The unincorporated areas of the county have experienced tremendous growth in the past eleven years. The revision to the Animal Ordinance will address the needs that After many months and much discussion, Bernalillo County has a new Animal

The unincorporated areas of the county have experienced tremendous growth in the past eleven years. The revision to the Animal Ordinance will address the needs that have accompanied this growth. My thanks go to Dr. Laura Banks and Irv Baumgart for their time and dedication in creating this new ordinance. Questions about the revised Animal Ordinance can be directed to the Bernalillo County Animal Care and Regulation Department at 873-6706.

NORTH ALBUOUEROUE ACRES COMMERCIAL CORRIDOR STUDY

Bernalillo County Resolution 98-1998 placed a six-month moratorium on zone map amendments and special use permit applications for non-residential land uses in the unincorporated portion of NAA. During the moratorium, the NAA Commercial Corridor Study has been conducted. Since land use decisions in NAA affects Sandia Heights – the neighbors directly to the east – you should know it is intended that the outcome of this study will affect how applications to establish commercial and other non-A-1 land uses are evaluated for this area.

In addition to commercial location considerations, design guidelines are being developed to minimize the impact of commercial office and higher density residential uses on existing low density residential uses. The study is coming to a close and will be presented to the Bernalillo County Commission for their consideration.

BERNALILLO COUNTY IS CELEBRATING THE ARTS

The Bernalillo County Arts Board has installed fourteen different pieces of artwork throughout the county, financed by the obligatory "one percent for the arts" from capital projects. We have "Close Quarters," two bronze bunnies snuggling at Little Cloud Park, and we will have additional art pieces from the one percent of the Paseo del Norte project.

More that 1500 children are learning to paint, draw, make ceramics, and engage in

many other artistic and creative activities in our county after school programs. County government is working for you. For more information about the Bernalillo County Arts Program, please call 768-4257.

Here's to a lovely summer! Until next time....

Barbara J. Seward Bernalillo County Commissioner - District 4



Summer

Presented By tile City of Albuquerque Open Space Division Saturdays at 7 PM (Elena Gallegos Double Shelter Picnic Area.

- ine 5 "Bee Dances" Les & Beth Crowder, Bee Keepers
 - 12 "Introduction to Birding" - Doyle & Diane W
- "Nature Stories of New Mexico" Leslie Cork, Storyteller 19
- "Bats" Talking Talons
- "Aldo Leopold: The Good Life" Richard Bodner, Chautauquan "Hopi Philosophy Through Jewelry Design" B. Dallasvuyaoma "What Are All Those Holes in Your Head For?: Skull Reading" 17 - Mike Sanchez, NMMNHS
 - "Wilderness Survival" Cibola Search & Rescue
- "Cougars, Mountain Lions, Punnas" Chuck Hayes, Game & Fish
 "Legends of New Mexico" Catherine Sandoval-Williams
 "Rattlesnakes" Randy Clark, Rattlesnake Museum
 "Ice Age Mammals of the Rio Grande Valley" iug 7
- 13
- 21
- Gary Morgan. NMMNHS 28
- "Native Seeds for Modern Needs" Brett Bakker, Native Seed Search

Special Events

(These Require Reservations - Call Jodi Heddering 873-6620 for details) ne 12 "Hummingbird Class for Kids (ages 6 and up)" - Doyle Wise

Seturday, 10am Friday, 9 -10pm

Symphony Under The Stars

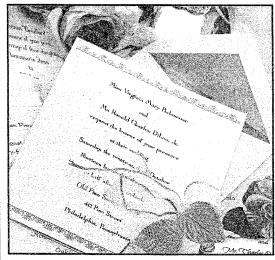
Rio Grande Zoo – David Lockington, Music Director Gates open at 6:30pm - Concerts start at 8pm

May 26th Gershwin Gala Featuring "Rhapsody in Blue" and "Porgy and Bess"

May 29th Bravo Bernstein! Featuring "West Side Story"

NEW! Symphony Night Special Menu served under the Pavilion

For the Perfect Wedding Invitation

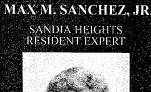


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A Tango with Mango

If you've never enjoyed the sweet-tart flavor and intriguing perfume of a perfectly ripe mango, now is the time. Mangoes are never in better supply, of better quality, or at better prices as the peak season is from June to mid-August. The world's favorite fruit, mangos have been cultivated in India for over 4,000 years. Gradually, mangos were distributed throughout the tropics of Africa, Asia and the Americas, introduced in Miami, Florida in 1863. Major mango producers include India, Mexico and Brazil; in the United States, Florida is the major mango producer.

Brazil; in the United States, Florida is the major mango producer.

Select mangos that are fully colored, firm and free of blemishes.

The colors of a ripe mango often resemble the hues of fruit sherbets – orange, raspberry, lemon and lime. Ripe flesh can be golden yellow to rosy orange. Soft or shriveled fruit may indicate bruising or immature fruit. To speed ripening, place mangos in a brown paper bag and fold over the top. Do not store unripe mangos below 55°F; colder temperatures will cause uneven flesh ripening and off-flavors. Ripe mangos may be refrigerated whole and unpeeled 4 to 5 days; peeled, sliced and covered fruit can be refrigerated for 3 to 4 days. 3 to 4 days.

Green or immature fruit is excellent for cooking as a sauce.

Green mango slices may be substituted in any recipe calling for tart apples. Medium ripe mangos may be used in recipes calling for peaches. Ripe mangos can be enjoyed raw, eaten out-of-hand, as a fresh fruit dessert or in a salad. They are a good source of Vitamin A, Vitamin C, potassium, calcium and phosphorus. Low in fat, a medium-size mango has only 70 calories.

If you enjoy mangos in restaurants, but don't serve them at home

size mango has only 70 calones.

If you enjoy mangos in restaurants, but don't serve them at home because of the struggle to free the flesh from the pit, follow these directions. To locate the pit, hold the mango with its narrower profile facing you and with the two plumper cheeks in your hands. The long (1/2 to 3/4-inch thick) pit runs the length of the finit between the cheeks. After locating the pit, cup the mango in your palm and peel the skin from the flesh with a small sharp knife. Allowing for the pit's thickness, slowly cut through the mango lengthwise down the side of the pit until the fleshy cheek is completely cut off- Repeat on the other side. Cut the remaining flesh from the pit in thin slices. Dice for recipes or serve as an appetizer.

Mango Sorbet is easy to prepare and enjoy on hot summer days in

Mango Sorbet is easy to prepare, and enjoy on hot summer days in New Mexico. If you need further inform on, give me a call at 243-1386.

By Patricia Aaron - Home Economist Cooperative Extension Service, NM State Universi



Easy to prepare and only 85 calories per serving!

2-1/4 cups chopped ripe mango 1/2 cup unsweetened orange juice 2 tablespoons honey

In an electric blender, process mango, orange juice and honey until smooth. Pour mixture into an 8-inch square pan. Cover and freeze until firm.

Makes 5 (half-cup) servings.



RESIDENT FROM THE **5TH ANNUAL WINETASTIN**

CURRIED CHEESE RECIPE

B

P

Í

ð

i phy. cream cheese i Ths. worcestershire & soy 1/4 tsp. ground red pepper 2 Tbs. red wine

Ø 2 cloves garlic, pressed t tsp. curry powder & turmeric

> Shape into ball then flatten out on inch thickness. Spread on top; chopped green onions, chopped raisins, chopped peanuts, flaked coconut

CRAB MOLD From the ki

1/2 can undiluted cream of mushroom soup i/i can undiluted cream of t pkg-8 oz- cream cheese i/i cup mayonnaise t envelope gelatin t small onion, chopped i/i cup celery, chopped

600 1/1 cup crabe Dash of salt

ent soup. Add cream cheese and stir until it melts. Di-elatin in 1/8 cup water. Add to soup and cheese mittu-uion, mayonnaise, sait, celery, and crabment. Pour in wart-sised mold. Chill several hours.

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Stop by our store and pick up 5lbs. of our Sandia Custom Platform Mix Birdseed absolutely FREE!



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Call 856-1868 or fax 856-1792.

PENDULUM WITH INSCRIPTION found on Tramway Lane near San Bernardino. Call 828-3628.

SANDIA HTS. BABYSITTING OR HOUSESITTING! Responsible, reliable and resourceful 16 year-old. Has car. Call Lesley Libo at 856-7909.

SANDIA HEIGHTS BABYSITTING: Experienced, responsible 14 year-old male, in boy scouts (life rank), loves kids. References available on request. Call Curtis Weinstein at 821-7432.

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to place an ad for your business in the new SHHA 1999-2000 Directory of Residents scheduled for mailing to about 1650 households in August. The deadline for camera-ready art is June 30th.







Sharon McCollum

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SOLD in Sandia Heights!!

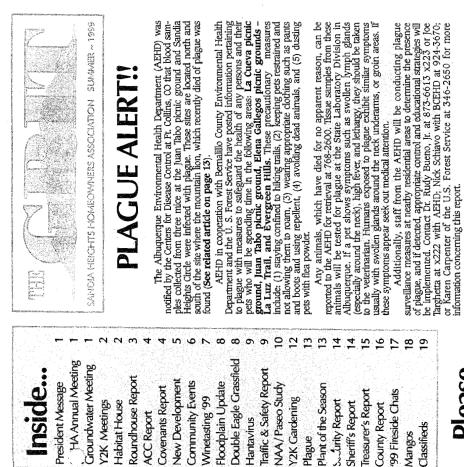
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Phone: 000-0000 SHHA Member: Yes Address of Household: City, State, Zip:

please submit them in writing to SHHA, P.O. Box 20021, Albuquerque, NM 87154-0021 or Fax 265-7295 by June 15th.

City, State,

If there are any changes,

1999-2000 Directory of Sandia Heights Residents Review the address label on this issue of The Gritt All information, including phone number, printed on the label will appear in the for distribution to SHHA MEMBERS ONLY

Who's your agent when your agent's out? Besinese 293-3700 Direct: 271-6961

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Theck the info on this label for accuracy! It's going into the new '99 Directory of Residents!