



August 2022

Vol. 38 – No. 8

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SHHA Office

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Closed on federal holidays

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shha@sandiahomeowners.org

Change in Notary Services

The SHHA office receives many requests for notary service. In many of the situations, members have been requesting multiple documents and/or documents that require a witness or witnesses. Providing these notary services has sometimes made it challenging for our administrative staff to perform their office duties in a timely manner, as some of the documents that need notarization take more time to process.

Starting in August, notary service will be available on Tuesday, Wednesday, and Thursday by appointment only. If you need notary service, please call the SHHA office to schedule an appointment. This will allow our staff to plan for the necessary time to perform the notary service you need and will also help the requester to plan for witnesses, if needed.

For simple notary requests, we expect that scheduling will be prompt and requesters will experience little delay. As always, notary service is free to SHHA members.

Sandia Heights Artists Studio Tour Schedules New Preview Night

By Linda Burch, Sandia Heights Artists

The 19th Annual Sandia Heights Artists Studio Tour will feature a festive Preview Night two evenings before the tour to showcase new works and meet and greet artists. Residents are invited to Preview Night on Thursday, September 15 from 5–7 PM at the Tramway Plaza Event Center, 9600 Tennyson NE. RSVP required, see info below.

Each of our 36 artists will be present to show three of their newest arts and crafts creations in a gallery setting. Tramway Plaza is a large, spacious building (formerly Futures for Children) which has been completely remodeled. Displays will be set up to give guests a first chance at purchase.



Linda Burch with some of the SHA artists' works

Continued on page 2...

... continued from front page

In addition, during the Preview Night's events, guests can pick up a show guide and map and visit with the artists before the tour, which is September 17–18, 10–5 PM each day.

Excitement has been building for this year's tour. A record number of resident artists have joined Sandia Heights Artists (SHA) and the increase in types of artistic works has also burgeoned. In 2022, SHA will feature painters of all genres, jewelers, fiber artists, glass artists, woodworkers, plus metal sculpture, ceramics, photography, gourds, baskets, handmade books, and even fine musical instruments. Most of the tour stops will offer outdoor as well as indoor displays.

Every year, SHA selects a local charity to support during the tour. This year, the group voted to support La Mesa Academy, an after-school arts program for both visual and performing arts, located in the International District of Albuquerque. During the past two years, SHA with your generous help has donated \$4,177.35 to the La Mesa program.

All artists hope to see you at Preview Night and during the Tour weekend.

To RSVP for Preview Night: Go to <https://sandiaheightsartists.com/events> and fill in the required RSVP form. Space is limited and your RSVP will provide us an estimated number of guests. Your consideration is greatly appreciated.



Mide Fietz, Collin Delker and Michael Harkrider at Tramway Plaza Event Center

Water Quality Report

By Elizabeth Edgren

Community Service & Membership Committee chair

If you pay your water and trash bill automatically with Sandia Heights Services, you may not have seen that their *Annual Water Quality Report* is out. And if you get the paper bill in the mail, you may have overlooked the little flyer about this, as I did until just today.

Is our water safe? Do we need to take special precautions? Where does our water come from? Just how hard is our water? And how alkaline is it? How much lead has been detected in our water? What about chlorine, fluoride, and nitrates?

Find the answers to all these questions and more at [2021 Water Quality Report-5.pub \(sandiaheightsservices.com\)](https://sandiaheightsservices.com). Just reading the pamphlet made me thirsty, and as I drank a glass of clear, cold water I was so thankful for the gift of abundant, clean water.

Fire Hydrant Blue Marker Stakes

By Stan Davis, SH resident

Reflective blue markers are commonly used by municipalities to assist first responders in locating fire hydrants quickly, especially in the dark. Often these are small, raised markers located right on the road surface itself. However, in Sandia Heights these markers are on 4-foot stakes, usually embedded in the ground to the side of the road closest to the hydrant. The blue reflectors are located at the top oriented in such a way as to catch and reflect light from headlights. Earlier in the spring, the marker at the hydrant closest to my house was accidentally mowed down. I called Bernalillo County at 505-848-1500 and asked for Road Maintenance, and they put in a new stake within a couple days. You might like to locate the hydrant closest to your house and, if its blue marker is missing or damaged, call BernCo and ask for them to replace it.



Example of a blue reflector stake marking the location of a fire hydrant

Architectural Observations 2, Blinded By the Light

By Eric Haskins, Architect & SH resident

*With a boulder on my shoulder
Feelin' kinda older
I tripped the merry-go-round
With this very unpleasin'
Sneezin' and wheezin'
The calliope crashed to the ground
But she was
Blinded by the light
Revved up like a deuce
Another runner in the night*

Manfred Mann, "Blinded by the Light"

Ah, light, the gift that separates man from the animals. Mr. Edison's invention remains magical, 144 years after its introduction. We've come so far, but the basics remain the same. An electric current is passed through a substance that resists its passage, and the substance glows. 144 years of improvement, variation, and tinkering have created so many options. We've gone from incandescent, to fluorescent, to metal halide, to sodium, to halogen, to LED. In most cities, a runner in the night can see them all within the span of a few blocks. The other evening, in my car (I don't run at night), returning home from W.L. Jackson Park, I passed multicolored flood lights, 60s spherical globe lights, "security lights" that shine in your eyes every time the wind blows, dim little solar path lights with crackle glass finish, and even LED faux candlelight, with flame-shaped bulbs and programmed flicker. Some shone yellow like fire, some were cold and silver like a gas station canopy. It was a din of lumens, a glowing riot of options.

It seems like we've reached the point in our collective development where we can do almost anything with light. Which begs the obvious question: now that we can do anything, what should we do?

To propose an answer to this question, and not have it be a purely selfish answer, I must attempt to project what the majority of residents of Sandia Heights want and value. I believe most of us who live here do so intentionally; we chose to be here. And "here" is a neighborhood without street lights. We could have lived near San Mateo and Montgomery, or 4th and Griegos, or any number of very well-lit neighborhoods in Albuquerque. With all the available options throughout town, all very well-lit, we chose this place, with its total lack of public lighting (excepting a couple of parking lots). This fact

alone suggests that perhaps—just perhaps—we appreciate the lack of area lighting.

Why does Sandia Heights lack street lights? Was it a callously capitalist attempt to reduce development costs, thus making more money for those who sold lots here? Perhaps that was a result, but I believe there was a stronger reason, more deeply felt than avarice. I theorize that those who founded this neighborhood recognized it as a special place. One thing that makes it special: you can see the stars here. You can't see them from most areas of the city.

Despite much visible evidence to the contrary, it also appears that folks who don't live in Sandia Heights like to see the stars. That's why in 2000, the New Mexico Night Sky Protection Act was signed into law by Governor Gary Johnson. Bernalillo County followed with its own "Article VI—Light Pollution." Both are worthy of reading, but I'll summarize the high points of the two documents:

- Keep your light on your own property, rather than shining into the street or onto your neighbor's property.
- Shield your light so it shines down, onto the ground or your building, not up into the sky or out into the eyes of passerby.

To my sensitive eyes, compliance with these two instructions will go far towards making you a good neighbor, at least after dark.

To achieve full harmony with your surroundings, though, you'll also need to go beyond the basics and consider something called lighting color temperature. This is a number printed on every light bulb package that is derived from how close in color the light emitted is to the color a piece of tungsten glowing at a set temperature (in degrees Kelvin). Put more simply and applied to the point of this article, this is whether the light source looks visually "warm" or "cool." Light bulbs (called "lamps" in the lighting trade) are usually available between 2700K and 6000K. The low side, 2700–3000K, are usually called "warm white." The high side, 4500–6000K, are often called "daylight." I'll try to save you a lot of trial and error: unless it's your goal to sleep poorly and have your house look like the inside of a Super Walmart, stick to the lower numbers. 2700K (called "warm white") has an orange/yellow tone, and corresponds to the color of an incandescent bulb. Psychologically, it is cozy and inviting. 6000K (daylight) looks blue, corresponding to the color of the sky at mid-day. When used for a lamp, though, the "daylight" fixture looks blue or cold silver. Research has shown that blue lights

JUNE CALLS TO SANDIA HEIGHTS SECURITY PATROL

The following statistics are the latest provided by Sandia Heights Security since the last GRIT. **Please be reminded that Sandia Heights Services (they provide water, sewer, trash and recycle collection, and security services) is a subscription service separate from Sandia Heights Homeowners Association membership.** Also, Membership in SHHA does not include Sandia Heights Security membership. You can call Security to confirm your membership with them. If you have questions, please call **Sandia Heights Security** at (505) 856-6347, **mobile** (505) 263-4654.

June	# of calls		# of calls
Alarms	11	Parking Problem	2
Attempted Breaking & Entering	1	Pet Nuisance	1
Corporate Office Assist	1	Special Extra Patrol	5
Customer Assist	5	Special Request/Vacation	102
Customer Inquire	2	Speeding Vehicle	1
Fire/Smoke	1	Suspicious Activity	1
Home Burglary	2	Suspicious Person	6
Los/Found Pet	2	Suspicious Vehicle	6
Miscellaneous Call	1	Theft	2
Motorcycle Nuisance	1	Utility co. Assist	3
Motorist Assist	1	Vehicle Burglary/Break In	1
Newspaper/Package Pickup	11	Wildlife Report	1
Open Door/Window/Garage	1	Total Calls	171

Useful Numbers: Emergency Police/Fire/Rescue: 9-1-1 (Be sure to let the operator know you are in Sandia Heights – an unincorporated area of Bernalillo County) **Bernalillo County Sheriff Non-Emergency:** (505) 798-7000 **Bernalillo County Fire Department Non-Emergency:** (505) 468-1310 **SHS Water/Sewer Emergencies (M-F 7AM – 4PM):** (505) 856-6345 **SHS Water/Sewer Emergencies After Hours:** (505) 888-5336 **NM Gas Co. Emergencies:** (505) 697-3335 **PNM Outage & Emergencies:** 1-888-342-5766

Announcements & Notices:

- **Office hours:** Monday – Friday 9 AM – 4 PM.
- **Board Meeting:** scheduled for August 10, 2022, at 6:30 pm at the SHHA office (in person).
- **Office Closures for Holiday(s):** None
- **Notary services (Tues–Thurs, by appointment), copies (20 per month) and faxes, e-mail alerts, and contractor evaluation binder** are free to members. **Also, voter registration in office.**
- **Committee meeting dates** are posted on our website calendar: www.sandiahomeowners.org.
- **Classified ads** can be found on the website on the top bar menu under Notices and Information/Classifieds.
- **Safety vests for sale** in the SHHA Office. \$2.50 per vest for members, cash or check only.
- **Tram passes for sale** in the SHHA Office. \$7.50 per ticket for members on a **first-come first-served basis**. Cash or check only. Tickets purchased must be for one date at a time per residence. To view the Tram Pass Procedures for SHHA Members go to <http://sandiahomeowners.org/notices-and-information/notices-and-information/96-tram-passes>.

ACC Color Reference Guide is available to borrow in the SHHA Office for up to 30 days. \$20 refundable deposit is required. Cash or check only.

SHHA Member Benefits:

Check out the entire SHHA Member Benefits Program and the discounts offered to SHHA members at www.sandiahomeowners.org, under the **Notices and Information** tab. Each participating merchant offers a discount to SHHA members. The following is a list of currently participating merchants:

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Jade Enterprises Inc.
O’Briens Realty LLC
Remax Select – Pete Veres
Tutor Doctor
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DECADES OF INTEREST RATES

1970's & 1980's

Rates in 1971 were in the mid-7% range and they moved up steadily until they were at 9.19% in 1974. They briefly dipped down into the mid-to-high-8% range before climbing to 11.20% in 1979. This was during a period of high inflation that hit its peak early in the next decade. In both the 1970's and 1980's, the United States was pushed into a recession caused by an oil embargo against the country. One of the effects of this was hyperinflation, which meant that the price of goods and services rose extremely fast. To counteract hyperinflation, the Federal Reserve raised short-term interest rates. This made money in savings accounts worth more. On the other hand, as the interest rates rose, the cost of borrowing money increased, too. Interest rates reached their highest point modern history in 1981 when the annual average was 16.63%. Fixed rates declined from there, but they finished the decade around 10%. The 1980's were an expensive time to borrow money.

1990's

In the 1990's, inflation started to calm down a little bit. The average mortgage rate in 1990 was 10.13%, but it slowly fell, finally dipping below 7% to come in at 6.94% in 1998. One big reason for the economic growth and declining inflation seen later in the decade was the arrival of the internet in the mainstream consciousness. The increased investment in research and development of new technologies spurred a ton of economic growth.

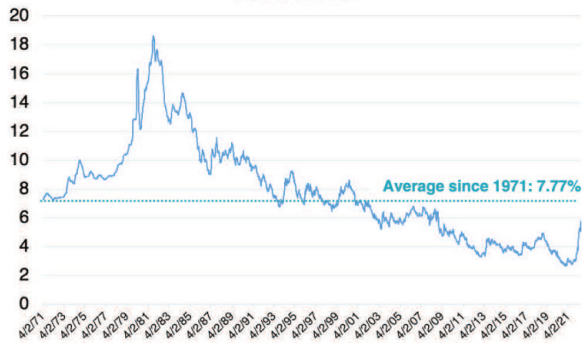
2000's

Mortgage rates steadily declined from 8.05% in 2000 to the high 5% range in 2003. However, it wasn't all milk & honey in this decade. The housing crash happened in part because property values declined steeply until they hit their lowest point in 2008. This left many homeowners owing more on their homes than the property was worth. To provide some relief and to stimulate the economy, the Federal Reserve cut interest rates to make borrowing money cheaper. Short-term rates, or the rates at which financial institutions borrow money, ended up being slashed to the point where they were at or near 0. This made it extremely cheap for banks to borrow funds so they could keep mortgage rates low. As a result of the change, mortgage rates fell almost a full percentage point, averaging 5.04% in 2009.

2010's

Riding the wave of low bank borrowing costs, mortgage rates entered the new decade around 4.69%. They continued to fall steadily and were in the mid-3% range by 2012. In 2013, rates went up to 3.98%. A big reason for this was that the bond market panicked a little bit when the Federal Reserve said it would stop buying as many bonds.

Historical 30-Year Mortgage Rates:
1971-2022



Historical Data: Freddie Mac PMMS. (c) TheMortgageReports.com

With all the "negative news" that the media is putting out about rising interest rates, I thought it was time to try and put it in historical perspective. The sky isn't falling, there are more jobs available than workers, and we are still very low on inventory of homes for sale (thanks to the Millennial Generation buying, and the Baby Boomers staying put). Interest rates were artificially set lower after the "Great Recession" and the "Housing Bubble". That is not the case now, as we don't have enough homes to sell (supply), versus the amount of people wanting to buy (demand), which was not the case in 2008.



FOR SALE

1036 Red Oaks Loop NE
2867 SQ FT 4BR 2.75BA



SOLD

2011 Quail Run Drive NE
2083 SQ FT 3BR 2BA



SOLD

939 Bobcat Blvd. NE
3106 SQ FT 3BR 1.75BA



SOLD

302 Spring Creek Pl. NE
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Data for all homes. Information is deemed reliable but not guaranteed from MLS.



Sandia Heights Sales 1.2020 – 5.31.2022

Listings Sold 37, Down 34% from 2021

Price Per Sq. Ft. \$263/sq.ft, Up 25% from 2021

The Market is starting to Change Get Ready

www.ABQMarketUpdate.com



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... continued from page 3

can throw off our natural sleep cycles, since we see light the color of the daytime sky and our brains tell us “it’s time to be awake.” Low color temperatures correspond to the setting sun, telling our brains “it’s time to slow down.” Research also suggests that other creatures experience the same effects, and the wrong color temperature used after dark can potentially have disastrous effects on the behavior of birds and insects.

As a last word on color temperature, after you’ve chosen the color temperature for your house (hopefully 2700–3000K), try to stick with it throughout your property. A house with mismatched color temperature is a disjointed, awkward, unintentional-looking thing.



To summarize, and to bring us back to the original question: now that we can do anything with light, what should we do? For your consideration, here are my recommendations:

- After dark, turn on all your outdoor lights, then go stand in the street (safely, of course!) and look at your house. See what you think. Does the glare hurt your eyes? Are the color temperatures mismatched?
- If your lights shine into your neighbors’ yards or the street, re-aim, modify, replace, or eliminate them.
- If your lights shine up into the sky, re-aim, modify, replace, or eliminate them.
- If your outdoor light fixtures glare into peoples’ eyes, replace them with “full cutoff” fixtures where the light bulb filament isn’t visible. Light belongs on the ground or on a building, not shining in your eyes.
- Consider that indirect lighting, with hidden light sources that shine onto the ground or your house, almost always look better than exposed filaments that hurt your retina.
- If you have globe fixtures, which I’ll admit look great on certain houses from the 60s and 70s, make sure the globe is frosted, so it’s not so glare-y.
- Eliminate the use of any fixtures that have an animated “flicker,” change color, dance around, etc. They are too eye-catching to be polite. Light for our houses should be quiet and relaxing.
- Some of our home-mounted devices (think fans, air conditioners, pumps) have glowing or flashing red or green LEDs. If this flashing LED isn’t performing an

essential service, be kind and cover it with a piece of electrical tape or a dab of paint. Nobody wants to look into the night and see random mystery lights.

- Get rid of motion detector “security” lights that come on unexpectedly and blind folks. If you don’t want to get rid of them, at least shield the bulbs/lamps from view. Also note that there’s nothing to keep you from putting a motion detector on a fully shielded fixture.
 - Don’t fall for the latest lighting trend, whether it’s “carriage lights,” “Edison bulbs,” or “flicker bulbs.” The trend won’t last, but your out-of-style lighting will. Go for timeless and simple.
 - Match your lights to the style of your house. If you’ve got a Southwest Modern house from the 1970s, it won’t look right with faux gaslamps. Consistency in style will maintain your property value better than mismatched updates, and your eye will appreciate the cohesion.
 - Edit your lights, getting rid of the extraneous and unnecessary. With lighting, less can be more. I’m looking at you, Costco solar pathway lights we received as a gift 10 years ago.
 - Remember, good lights make for good neighbors.
- Thanks for your attention, and happy light-fixture editing. Please watch for the next Architectural Observations installment, when we’ll be exploring color.
- [Ed: The County has a lighting ordinance and many unit covenants do, as well. Check those first.]

Tumbleweed Control—Let’s Go, People!

A concerned resident

Tumbleweeds are an aggressive invasive species of Russian origin that will take over if allowed to do so.

Homeowners, we need to prevent tumbleweeds from growing up and going to seed. Once they go to seed, they break off and roll around in the wind, spreading their seeds far and wide. Recently, I found tumbleweeds as far east as 365 Trail. The two worst areas near me are to the east of Tramway Lane and Hawks Perch, and the NW corner of Live Oak and Juniper Hill. West of Hawks Perch on Tramway Lane to the south all the way to the arroyo on the west side there is not one tumbleweed. This is due to my weeding efforts and indicates that with diligence it is possible to control the scourge. But it is a battle I can’t win without help.

Yesterday a fully grown tumbleweed blew into my yard. When they get big, they are very hard to deal with properly. Here’s what you must do:

ACC Activity Log

Summary of **Approved Projects** activity since the last GRIT:

3 Juniper Hill Loop – Replace Window
53 Rock Point Place – Roof Mounted Photovoltaic Panels Installation
147 Whitetail Road – Shade Structure Installation
169 Big Horn Ridge Drive – Reroof
228 Spring Creek Lane- Re-Stucco
230 Live Oak Lane – Landscaping
342 White Oaks Drive – Roof Mounted Photovoltaic Panels Installation
352 White Oaks Drive – Landscaping
422 Live Oak Court – Re-stucco and Repaint Trim
438 Live Oak Loop – Install Storage Unit
453 Live Oak Lane – Installation of Latilla Fence
541 Black Bear Loop – Repair Sprinkler System
720-9 Tramway Lane – Reroof
720 Tramway Lane Units 9, 10, 12, 20 & 26 – Repaint Exterior Siding
947 Deer Drive - Landscaping
1121 Marigold Drive – Replace Existing Garden Wall, Front Door, Side Gates, and Re-stucco House
1178 Laurel Place – Reroof
1178 Laurel Place – Roof Mounted Photovoltaic Panels Installation
1220 Rockrose Road – Reroof and Re-stucco
1420 San Rafael Court – PV Panel Installation
1457 Bluebell Drive – Replace Existing Wall and Patio
1565 Eagle Ridge Court- Replacing Deck with a Patio
1901 Red Rada Place – New Construction
1929 Quail Run Drive – Repaint Exterior Walls and Overhang Ceilings
2002 Quail Run Drive – Replace/Paint Garage Trim and Door
2319 Calle de Gabriel – Repaint House
2320 Calle de Gabriel – Paint Stucco, Inserts and Garage Door

2437 Tramway Terrace – Window Replacement
2732 Tramway Circle – Replace Windows and Patio Door
8242 Raintree Drive – Reroof with Tar and Gravel and Roof Maintenance
8252 Raintree Drive – Replace Garage Door and Exterior Light Fixtures
9114 Lynx Loop – Landscaping
12625 Colony Place – Re-stucco, Replace Patio Doors and Windows

Visit the website: www.sandiahomeowners.org to read about all projects currently under ACC management.



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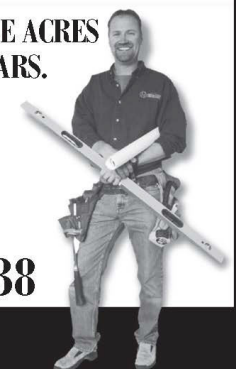
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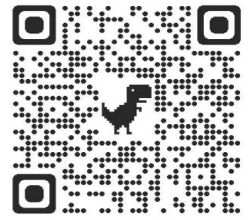
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Listed at \$460,000



9 La Luz Trail

Sandia Heights
Year to Date
Market Stats

Closed Sales
49

-35% from 2021

Average Sale Price
\$701,013

+ 16% from 2021

Total New Listings
66

-18% from 2021

Avg Price per sq.ft.
\$264.10

Year to date comparison 1/1/2022 - 7/10/2022 to same time period in 2021

listed single family homes

The impact of increasing housing inventory

We are beginning to see the effects of rising interest rates with an increase in the monthly supply of inventory. We continue to see growth in home values across the market but at a slower pace. The market is still favorable for home sellers, especially in desirable areas such as Sandia Heights. Time will tell, but if this trend continues we may see the real estate market move towards pre-pandemic levels.

“There has been a pickup in inventory that we’ve seen recently, but it’s not from a big increase in new listings...but rather a slowdown in the pace of sales”

- Mark Flemming, Chief Economist

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SOLD SANDIA HEIGHTS SOLD



21 Cedar Hill Road NE

List Price \$585,000

2961 Square Feet
4 Bedrooms
2.5 Baths
2 Car Garage



11108 Bobcat Place NE

List Price \$675,000

2488 Square Feet
4 Bedrooms
3 Baths
3 Car Garage



133 Juniper Hill Road NE

List Price \$750,000

3468 Square Feet
4 Bedrooms
3.5 Baths
3 Car Garage



1014 Tramway Lane NE

List Price \$409,000

1.89 +/- Acre Lot



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... continued from page 7

1. Get out a tarp so you don't spread seeds all over.
2. Cut up and bag. Impossible to not get holes in bag.
3. Sweep up the smaller stuff and dislodged seeds and place in bag that has no holes.
4. Out with the trash.
5. Patrol area for 2 to 3 years for new tumbleweeds that rolled in.

One full-grown tumbleweed took me 20 minutes to deal with. In that amount of time, I can—and have—pulled 50–100 young, green tumbleweeds. I have pulled 1000s of little green tumbleweeds this year alone. Same last year. I am losing the fight. Moral of the story: do not let them grow up. Pull them now when they're still green and small. Let's do this together!



Elena Gallegos Open Space Site Improvements Survey Environment & Safety Committee

We extended the date of the survey to make sure we received all your inputs. If you read last month's GRIT, we presented to Mayor Keller our latest data and a summary of what SHHA members think about the proposed site improvements. We received 368 responses. Here is a summary of the final results, [with the complete results available on the SHHA website](#).

Of those taking the survey, 55% use the EG open space at least once a week. 54% of those surveyed ranked hiking as number one reason, followed by interacting with nature, use of the picnic areas, open space events, and biking.

Trail improvements ranked #1 as the most important improvement needed, with 260 positive responses, and then picnic area updates.

- 73.3%, 269 out of 367 responses, voted “no” to an Education and Event Center facility.
- 79.0%, 289 out of 366 responses, voted “no” to a parking lot.
- 55.3%, 202 out of 365 responses, voted “no,” and 33.7%, 123 responses, voted “yes,” to widening Simms Park Road from 22 to 34 feet.
- 76.2%, 279 out of 366 responses, voted “yes” to the repair and maintenance of existing trails and facilities in Elena Gallegos.

The construction of an Education and Event Center was your greatest concern in regards to potential negative impacts; the parking lot a close second.

If the City moves forward, you are most concerned with the added traffic and congestion, impact to wildlife, and noise. Followed by the parking lot and overcrowding of the park and trails, and then increased crime and fire risks.

We will summarize other comments regarding this project and present all of this to the City at a future date. Thank you all for participating. We hear you, and will continue to keep you up-do-date.



Procedures for Attendance of Guests at SHHA Board and Committee Meetings

1. Any member of SHHA is entitled to attend committee or Board meetings.
2. However, if planning to attend, the SHHA member must let the SHHA Office or host (e.g., committee chair) know of their desire to attend at least one day ahead of the meeting.
3. If the member plans to make a statement, they must notify the host when asking to attend. The procedure for statements is that the member has 5 minutes at the beginning of the meeting to make their statement and the Board or committee members are allowed up to 5 minutes to seek clarification, if needed, of the guest's statement. Discussion of the statement is done in executive

session where only Board or committee members are allowed.

4. The number of guests allowed to make statements will be limited to two, on a first come first served basis.
5. Committee Chairs and the Board chairperson can place the meeting in executive session, as appropriate, and guests must leave the meeting for such executive sessions. Please note that much of the committee work of the Architectural Control Committee and Covenant Support Committee are conducted in executive session.
6. The process for SHHA members attending meetings as guests is to place the guests in a "Waiting Room" either a physical one (when we are having an in-person meeting at the SHHA office) or a virtual one during a Zoom online meeting. Once their status as an SHHA member is confirmed, the guests are allowed to enter the meeting with the permission of the Host.

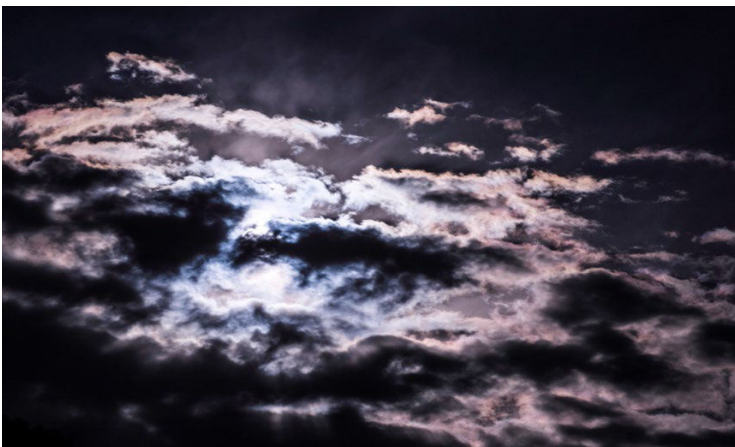
Images of Summer



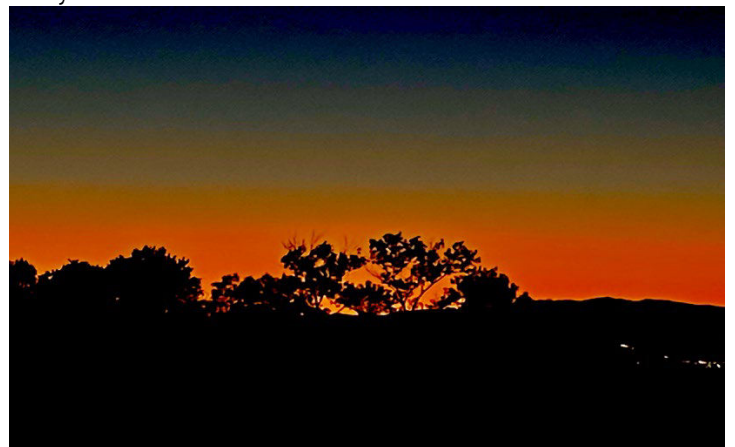
Julie Rochman



Mary Voelz



Kirk Conrad



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Intro to North Domingo Baca

Multigenerational Center

Community Service & Membership Committee

Are you familiar with this Center, about five miles from Sandia Heights? Also known as North Domingo Baca Sports & Fitness Center, or as one of Albuquerque's "50+" Sports and Fitness centers which fall under the Department of Senior Affairs. For an annual membership fee of just \$20, we have access to low-cost classes and activities not only at NDB Center, but at any of Albuquerque's community centers. The facility offers programs not just for the 50+ crowd. NDB offers inexpensive breakfasts and lunches Monday–Friday (lunch requires a reservation), an indoor track, a rock-climbing wall, a fitness center (with mountain views!), and a skate park. The Center's current list of classes covers a broad range of activities—everything from photography to French to arts and crafts to dancing. Bible studies, an Italian culture group, Rotary Club, mahjong, and support groups for multiple sclerosis and fibromyalgia meet at the Center. Fitness classes in Zumba, pickleball, Jazzercise, yoga, badminton, martial arts, basketball, aerobics, hula, ethnic folk dancing of different sorts, or just "open gym" time are available. Classes often involve fees, but very affordable ones. Other class instructors welcome donations.

The NDB Center hosts community events, too, such as teen game nights, field trips, family movie nights and game nights, arts and crafts, and dance nights.

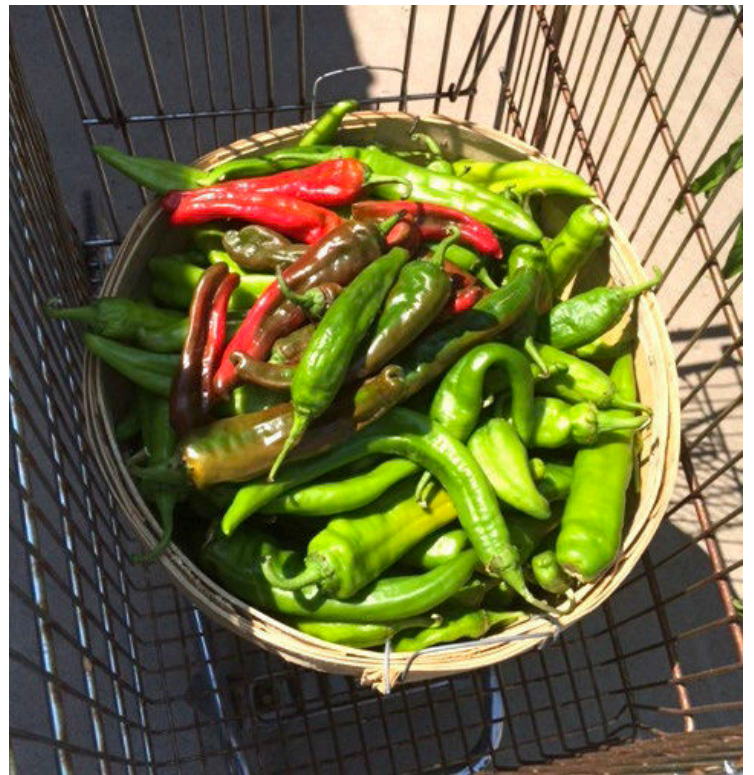
See [North Domingo Baca Sports & Fitness Center — City of Albuquerque \(cabq.gov\)](https://www.cabq.gov/north-domingo-baca-sports-fitness-center) for more information.



Monthly Fun Fact

This is probably no surprise. More chiles are grown in New Mexico than all other states combined. No lie that, as our license plates state, New Mexico is the "Chile Capital of the World."

And what about that terminal "e"? According to Merriam-Webster, in American English, "chili" is the most common spelling for the spicy peppers as well as the stew and hotdog topping. In British English the preferred spelling is "chilli." In Spanish speaking countries and regions of the U.S. including New Mexico, "chile" is the most common variant. Your editor is pleased to note that in New York Times Cooking recipes, they spell it "chile"!



Community Events Bulletin Board

These groups are not sponsored by SHHA. Information is provided to keep residents informed.

Sandia Heights Artists: TWO EXCITING ART EVENTS IN SEPTEMBER!

Thursday, September 15, the Sandia Heights artists will host a preview evening at the Tramway Plaza Event Center at 9600 Tennyson from 5 PM–7 PM—everyone is invited, but RSVP is needed (see p. 2).

The following Saturday and Sunday (Sept. 17 & 18) will be the Sandia Heights Art Tour. Fifteen houses will be open from 10 AM to 5 PM each day. Come, meet, and share with these artists: Judi Foster (paintings), Nancy Mattern (pottery), Pat Graham (jewelry), Guy Jacobus (paintings), and Michele McMillan (jewelry), and many others. Additional information and a map will soon be available.

Sandia Heights “Cork & Fork” Dining Activity: We are happy to announce that Cork & Fork has resumed our bimonthly dinners. We gather in the homes of our members. Each small dinner group is typically 6–8 people, including the hosts. The host decides the menu theme and prepares a main dish, with attendees contributing to some part of the meal—along with a wine to go with their dish. The emphasis is on food and fun rather than formal elegance. Though most of the dinners are smaller, there are 2 whole-group dinners during the year. All adult Sandia Heights residents are welcome. To inquire or join any time of year, call Rene Kessel at (505) 504-3886 or email at rene.kessel@cblegacy.com.

Notice: Any corrections to the printed version of the GRIT can be found on the website: www.sandiahomeowners.org. We always welcome Letters to the Editor and your response to articles in *The GRIT*. Email us at thegritshha@gmail.com.

Summertime, and the Swimming Pools Are Open!

Although Sandia Heights does not have its own swimming pool, Bernalillo County has four which are open to the public, plus two splash parks. Here are locations, times, and costs:

Alameda Spray Park, 9800 Fourth Street NW, 505-898-1355. Open 11 AM–1:45 PM and 2 PM–4:45 PM.

Paradise Hills Pool and Water Slide, 5901 Paradise Blvd. NW, 505-898-0956.

Recreation swim hours: Every day, noon–2:15 PM and 2:30 PM–4:45 PM.

Rio Grande Indoor Pool, 2312 Arenal Road SW, 505-314-0169.

Recreation swim hours: every day, noon–2:15 PM and 2:30 PM–4:45 PM.

****Beginning Aug. 9, Rio Grande Pool, the County’s only indoor pool, will change to winter hours:**

Adult Lap Swim: Mon thru Fri 6–8 AM and noon–2 PM; Sat – Sun 11 AM–noon.

Water Aerobics: Mon, Wed, Fri 9:30–10:30 AM.

Recreational Swim: Mon thru Fri 2:30 – 4:45 PM and Sat–Sun noon–2:15 PM and 2:30–4:45 PM.

South Valley Pool and Splash Pad, 3912 Isleta Blvd. SW, 505-314-0338.

Recreation swim hours: every day, noon–2:15 PM and 2:30 PM–4:45 PM.

Contact each pool for information on swim lessons, swim team, water aerobics, or for pool rental info in the morning or evening.

The price for general swimming at all facilities is \$4.25 for adults 18 and over, \$3.25 for ages 6 to 17, \$2 for ages 5 and under. Spectators are \$3. Active duty military and veterans are free (with proof), as are seniors 60 and over.

In addition, the County aquatics program provides swim lessons, open swim, water aerobics, pool/spray park rentals, water safety instruction, senior water aerobics, lap swimming, swim team, and masters.

All information here—and many more details!—available at [Swimming Pools & Spray Parks - Community Services \(bernco.gov\)](http://Swimming Pools & Spray Parks - Community Services (bernco.gov))



Sandia Heights Homeowners Association
12700 San Rafael Ave. NE Ste. 3
Albuquerque, NM 87122



School starts August 10.
Slow down. Watch out for children.